



# Operating Instructions

Version 2.0.  
Rev.A

## Welcome! ...

...to Care reminiscence experience™.

Care reminiscence experience™ offers users their own unique personalised activity-based system, incorporating activities to stimulate short-term working memory, activities to access intact long-term memory, via reminiscence therapy, and aids to orientation, to person, time, day, date and place.

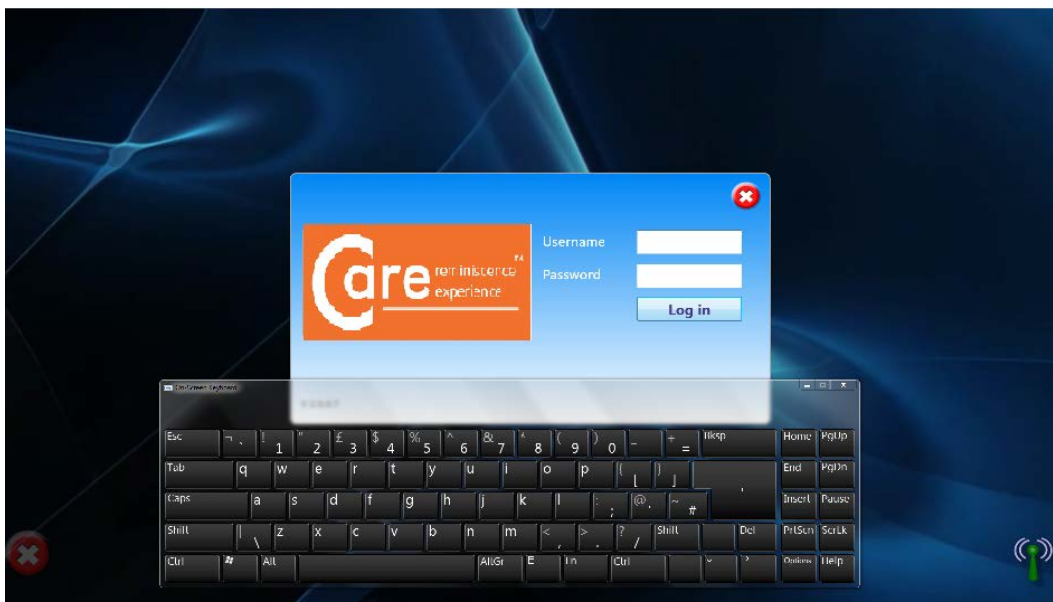
Care reminiscence experience™ has been developed specifically for those individuals experiencing symptoms of dementia. Care™ helps to improve caregiver and user relationships, aids reminiscence, promotes social activities and communication, and stimulates brain activity in a fun and engaging way through various games and activities.

Care™ is suitable for use at home and in health, institutionalised, and care settings.

## Getting Started

Care™ has been carefully designed to be simplicity itself to use. With this in mind, your Care™ system will start up automatically after you have plugged the system in and turned the mains power on. That's it! No other switches to turn on, no leads to plug in – just sit and wait a short while.

You will then be greeted with this log in screen:



There are three levels at which Care can be accessed: Manager, Carer or Client (user).

Sample Usernames and Passwords have been set as follows:

<b>Access level</b>	<b>Username</b>	<b>Password</b>
Manager	Manager	Password
Carer	Carer	Password
Client	Client	Password

### Manager Log In

Managers have access to the whole system and all data collected. Managers can also add Carers and Clients onto the system.

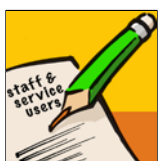
To log in as a Manager, enter Username = Manager and password = password, then click Log in.


You will then be greeted with an opening screen. If you have purchased the Care reminiscence experience™ system, you will see the Care™ and Profile™ logos. If you have also purchased the Sensory Magic™ system, you will see all three logos:



### Setting the Manager's Username and Password


Click on the Profile™ logo to set the Manager's username and password and to remove the sample demo log in details. Click the staff and service users icon:



Under "Select Staff Member", choose Manager Demo. All text boxes are now editable. Enter Manager's name, new Username and new Password, then click Save.  Usernames and Passwords must be single words (no spaces).

△Remember to make a note of your Username and Password, as demo login details will no longer work after they have been edited.

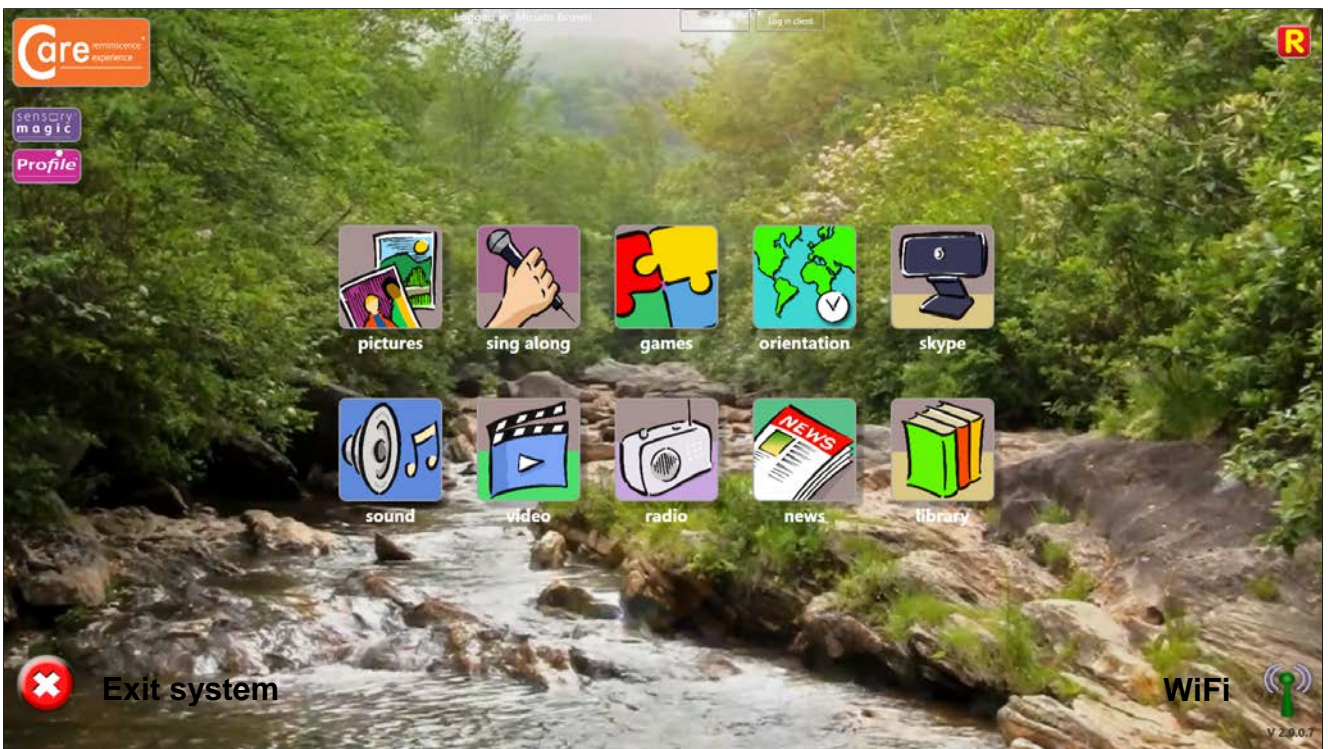
Further information about setting usernames and passwords can be found in this instruction manual in the Profile™ section.

Exit Profile™ by clicking on the Cancel button: 

Enter Care™ by clicking on the logo on the top-left-hand side of the screen.

You will then see the Care™ opening screen:

## Care Reminiscence Experience™ Opening Screen



WiFi **ON** indicator



WiFi **OFF** indicator – WiFi dongle is not connected.

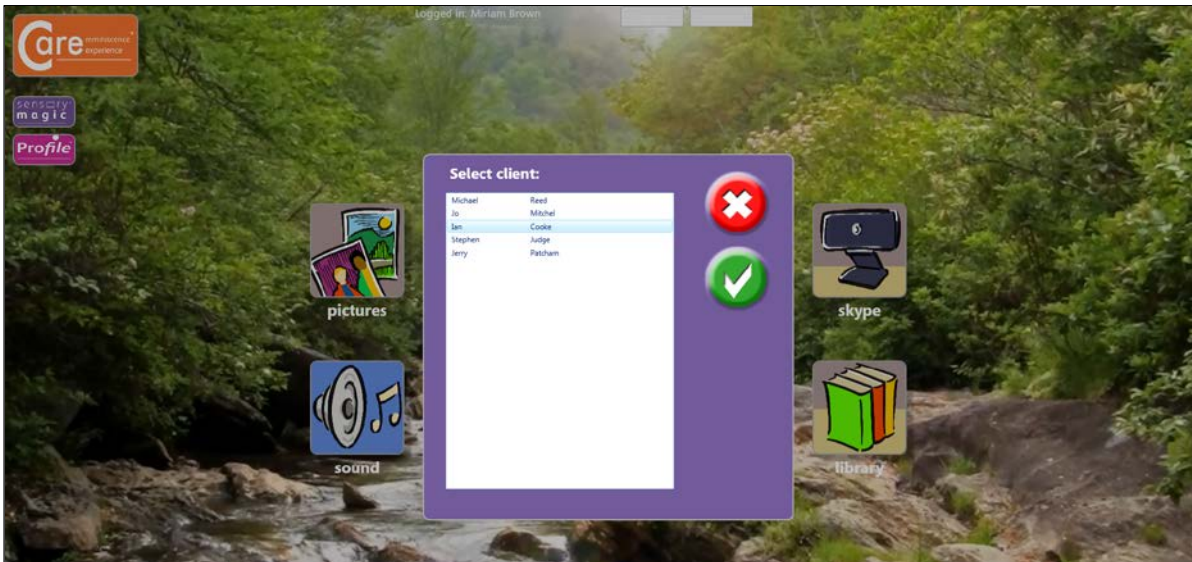
Please ensure that the WiFi dongle supplied is fully connected to the USB port at the back of the touchscreen. Care™ will not operate without this dongle fitted.

## Logging in and Logging Out

Managers and carers can log into Care™ using the initial log in screen. Individuals can log out simply by clicking the Log out button at the top of the screen:



Managers and carers can also log in on behalf of individual clients, by using the Log in client button. A pop-up box of clients' names will then appear. Simply select the name of the client wishing to use the system, and then click on the green tick (✓) button:

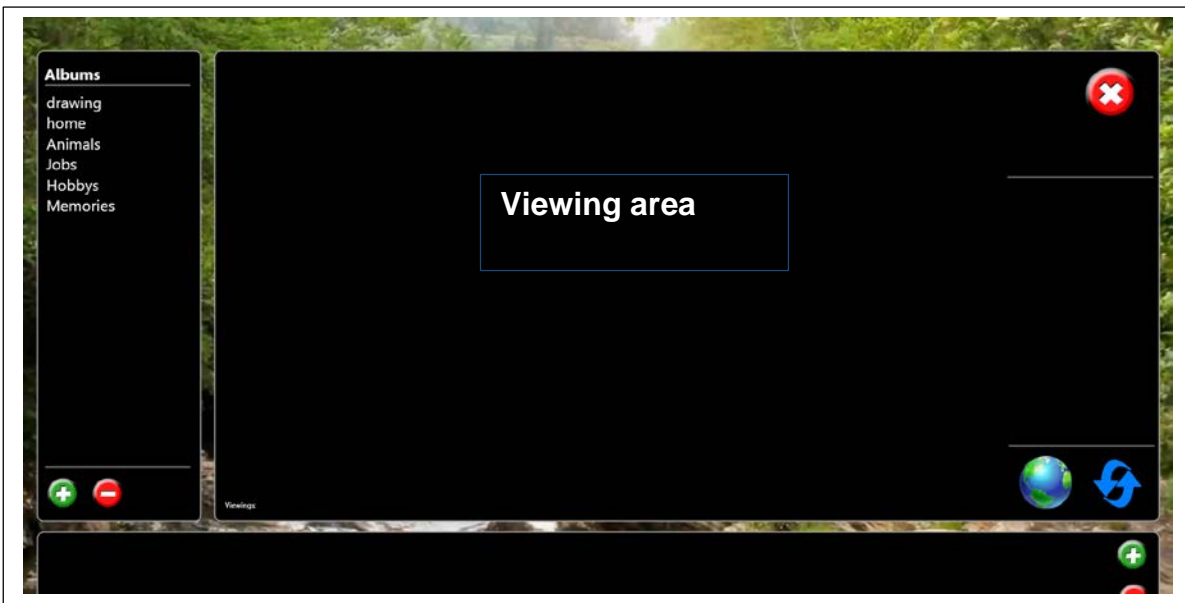


## Pictures

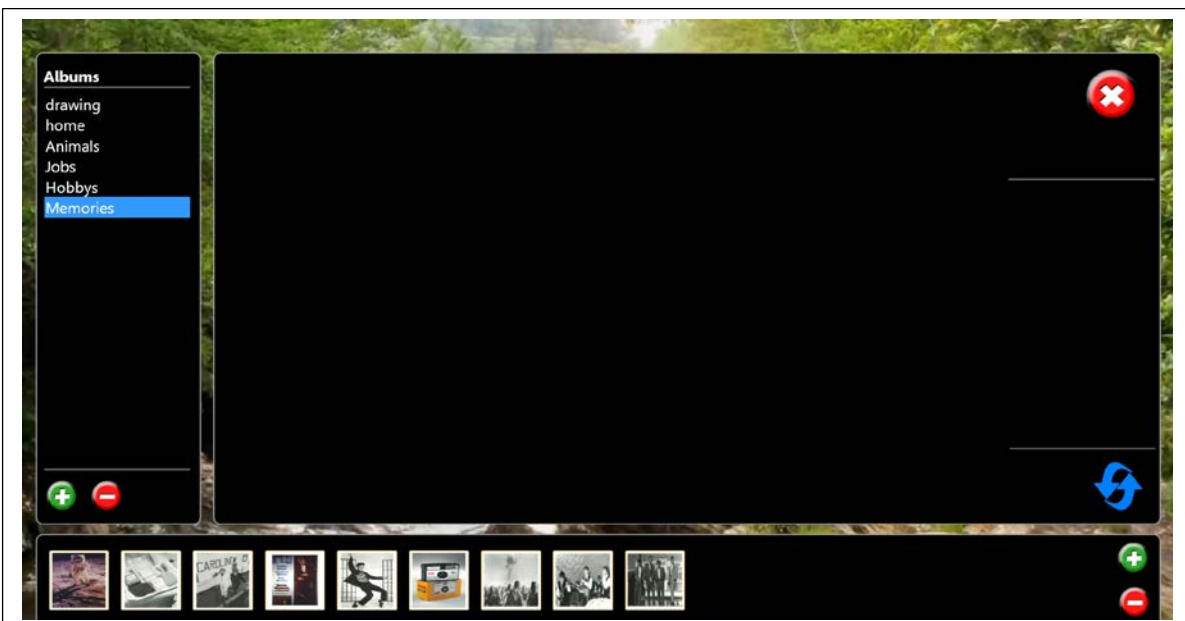


Press this button to view pictures or photographs in albums. You will then see this screen:

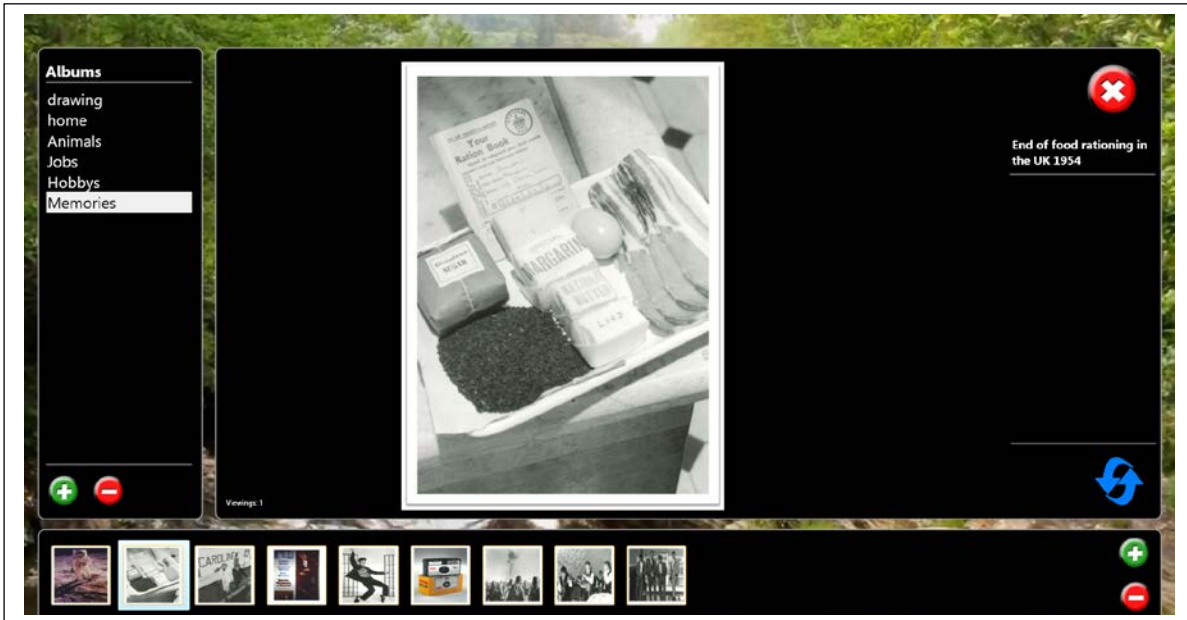
### Viewing pictures in an album



Albums are listed in the left-hand column. Simply press on the album name to select the album. The album name will then be highlighted in blue. All pictures in that album will be shown along the bottom of the screen:



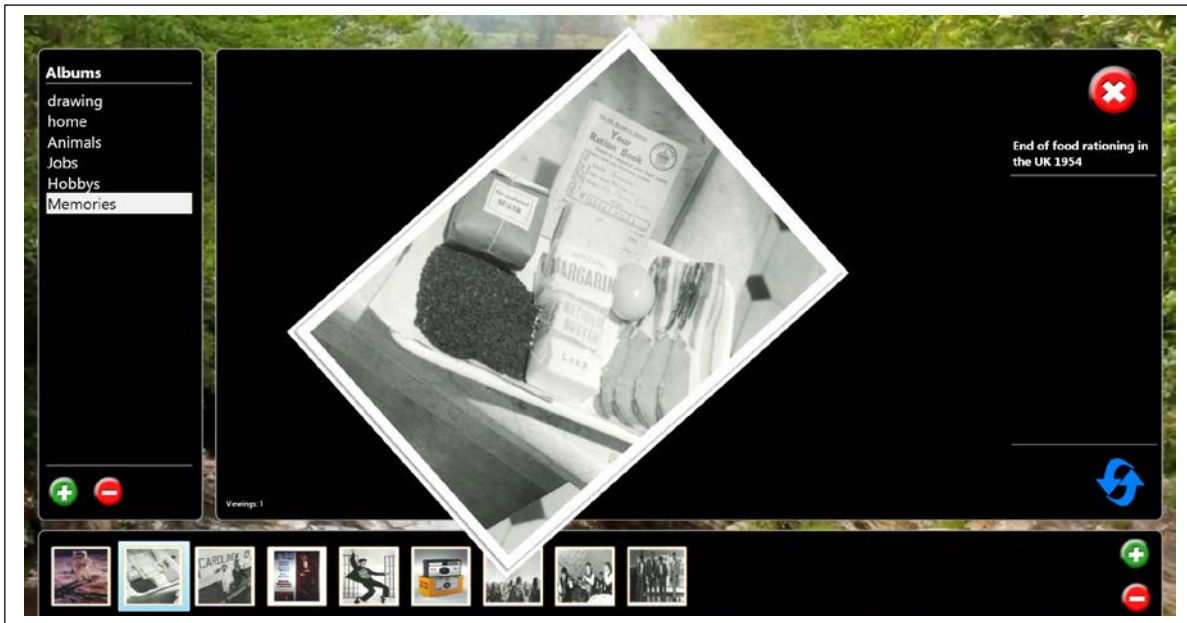
To choose a picture to view, simply press on the picture of choice. The thumbnail picture at the bottom of the screen will then be highlighted, and the picture will be displayed in the viewing area:



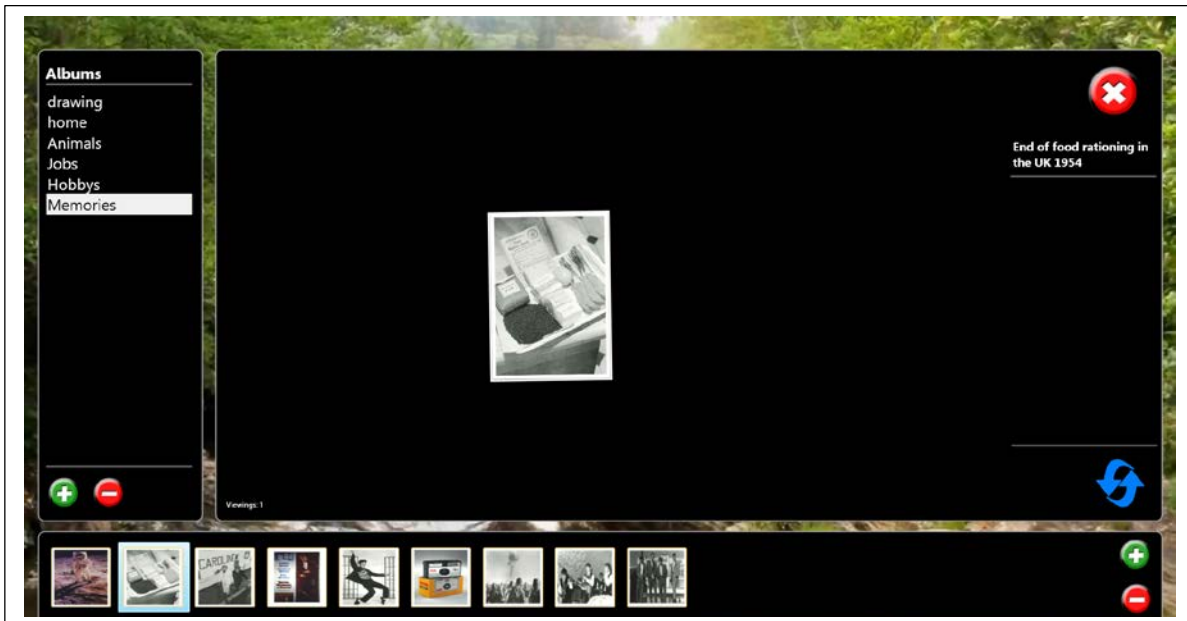
The picture can be magnified to allow viewing of finer detail, and to suit individual needs. To magnify and stretch the picture, touch the picture with two fingers or two hands and simply stretch it to increase it in size:



The picture can also be rotated, shrunk down in size and moved about. To rotate the picture, simply touch the picture with two fingers or two hands and turn it:



To reduce the picture in size, for example, after stretching it, simply touch the picture with two fingers or two hands and bring your two fingers or hands closer together:



To move the picture, simply touch the picture and move it about.



Press the reset button to return the picture to its original presentation.



The number of times a picture has been viewed is displayed at the bottom left-hand corner of the viewing area. Favourite and least favourite pictures can easily be noted by staff:



Explanatory comments or captions are displayed in the top right-hand corner of the viewing area. These serve as a prompt for both individual users and staff caring for them. They can be used as a conversation point.

Comments and captions can be added to pictures via the picture library. A Google maps location relevant to the picture can also be added.



Press on the globe to see the Google maps location stored with the picture. The globe button will only be displayed if a Google maps location has been stored.

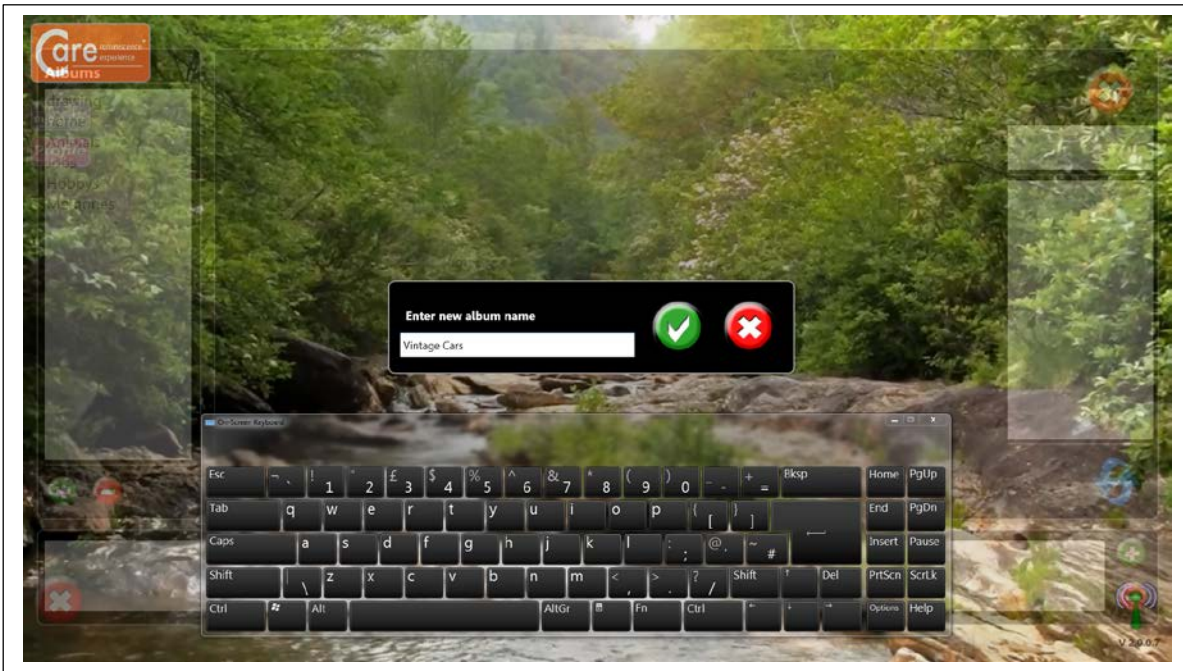
See the Library section for further information.

## Creating picture albums

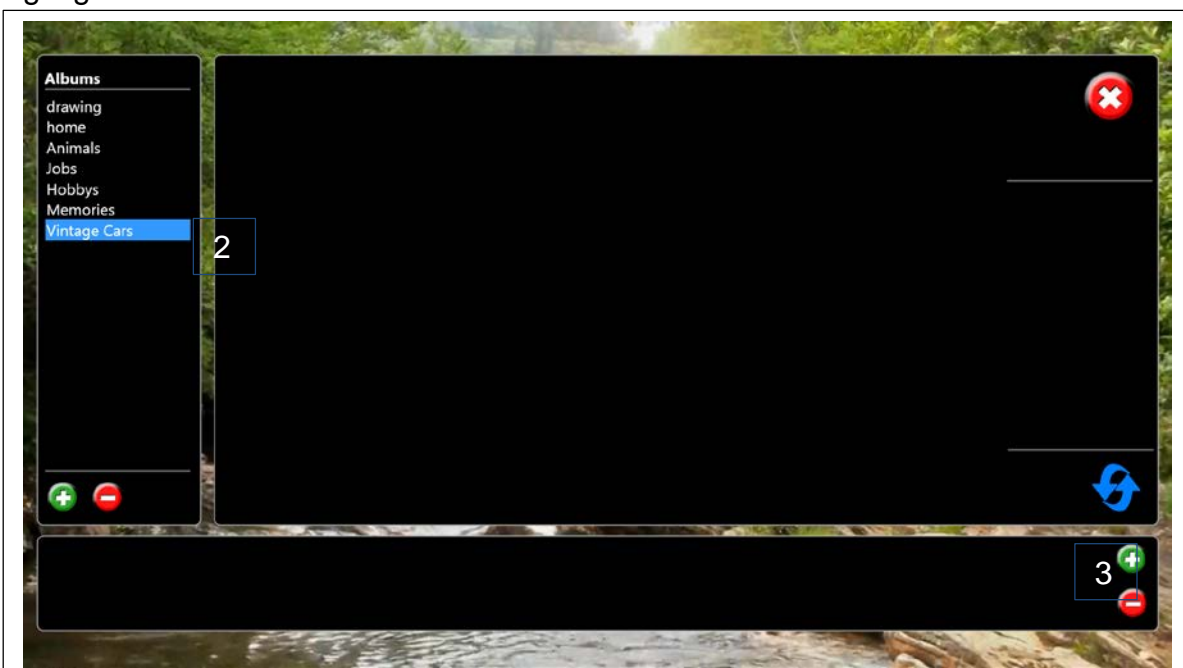
1. To create a new picture album, press the green plus (+) button under “Albums”.



A pop-up box will then invite you to name your new album. Enter an album name, e.g. “Vintage Cars”, then click on the green tick (✓) button:



2. To select your new album, press on the album name. The album will then be highlighted in blue:



3. To add a picture to the album, press the green plus button at the bottom right-hand corner of the screen. This will call up the picture libraries. Select a picture and press the green tick button (✓) to add the picture to your album:



Continue to add pictures as desired.



To remove a picture from an album, simply select the picture and then press the red minus button at the bottom right-hand corner of the screen. At the prompt, press the green tick button (✓) to delete the picture.

To delete an entire album, simply select the album name and then press the red minus button in the left-hand column. At the prompt, press the green tick button (✓) to delete the album.



Press the **Cancel** button to quit **Pictures** and return to the Care™ opening screen.

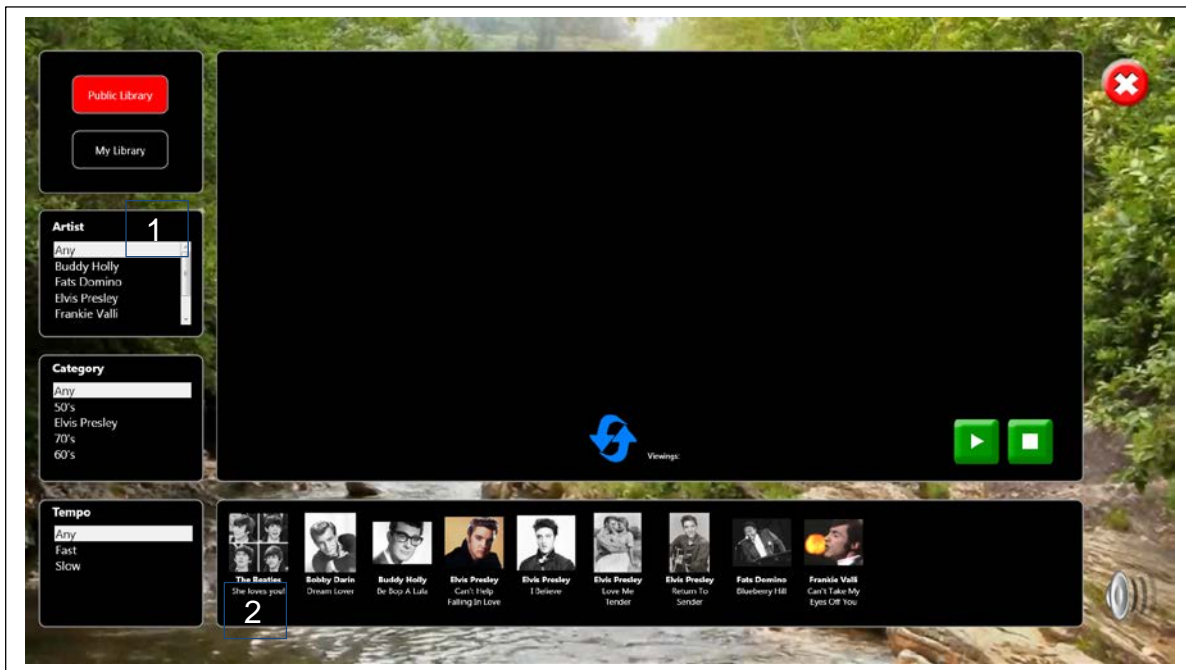
## Sing Along



Press this button to play karaoke files.

The system supports MP4 files.

You will then see this screen:

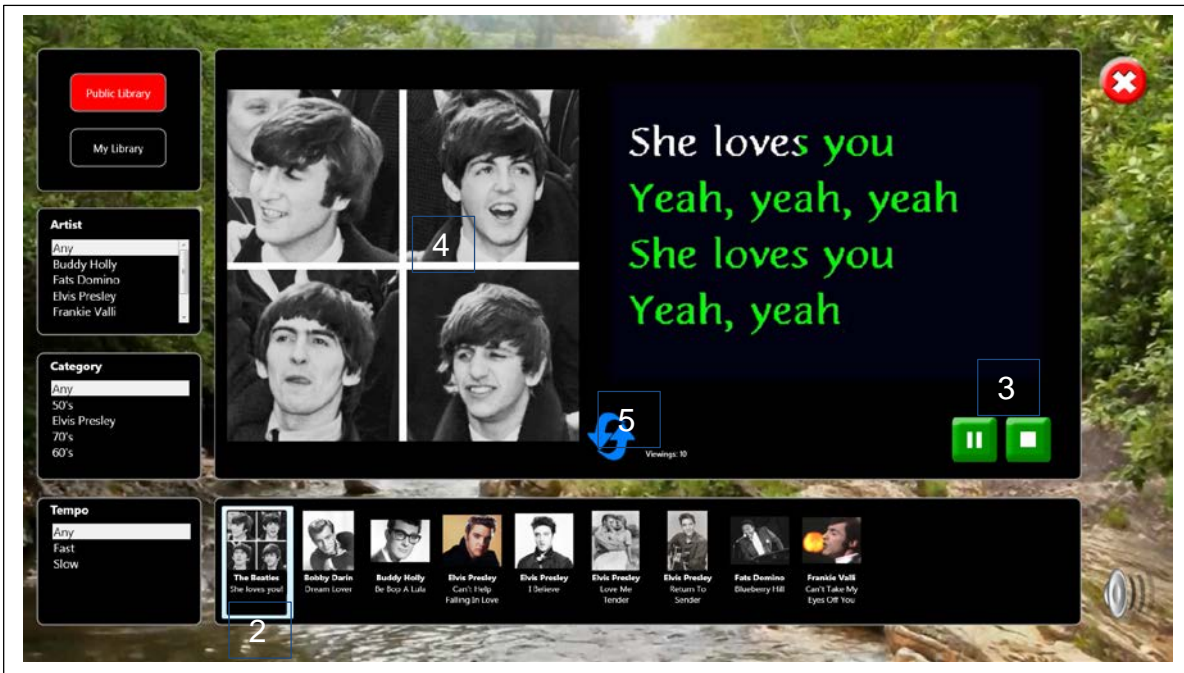


Karaoke files are organised in three ways:

1. By Artist
2. By Category (song type)
3. By Tempo (any speed / fast / slow).

1. Use the lists on the left-hand side to search for specific types of karaoke files, or leave the selections at “Any” to view all files in a category.

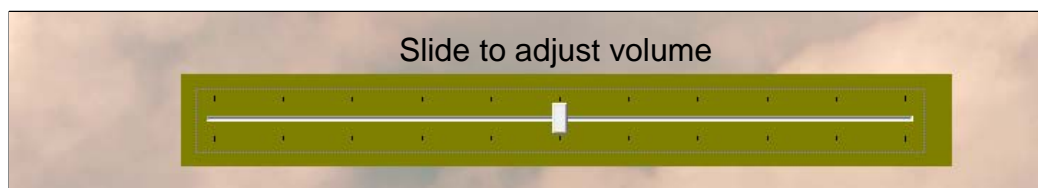
2. Song titles and thumbnail pictures of karaoke files are shown along the bottom of the screen. To play a file, simply press on one of the thumbnail pictures. The thumbnail picture will then be highlighted and the karaoke track will play automatically:



3. You can also pause, play and stop tracks, using the green and white buttons.
4. You can adjust the size of the picture – stretch it, move it and / or rotate it at leisure, using the techniques described in the Pictures section: For example, to magnify and stretch the image, touch the picture with two fingers or two hands and simply stretch it to increase it in size.
5. Press the reset button to return the picture to its original presentation.



Volume control – click to reveal the volume slider. Click and drag the volume button up or down to increase or decrease sound volume. Care™ will automatically save the desired volume level.



Additional karaoke tracks and images can be added to the karaoke library. See the Library section for more information.



Press the **Cancel** button to quit **Sing Along** and return to the Care™ opening screen.

## Games



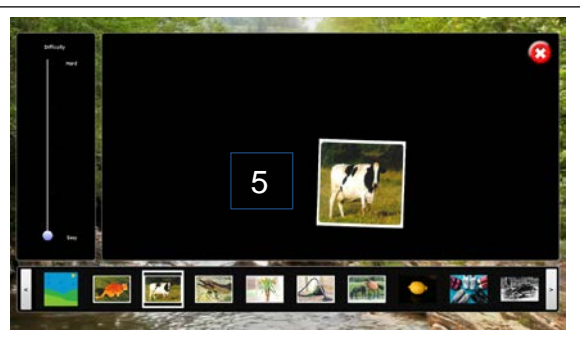
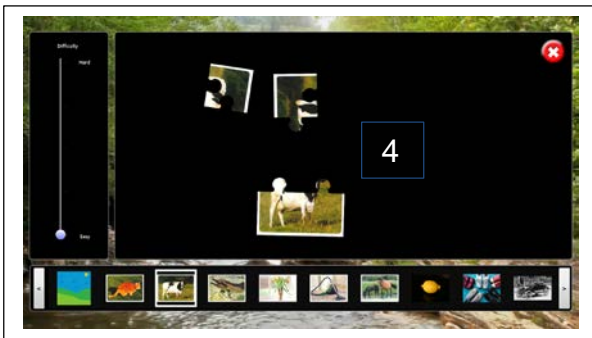
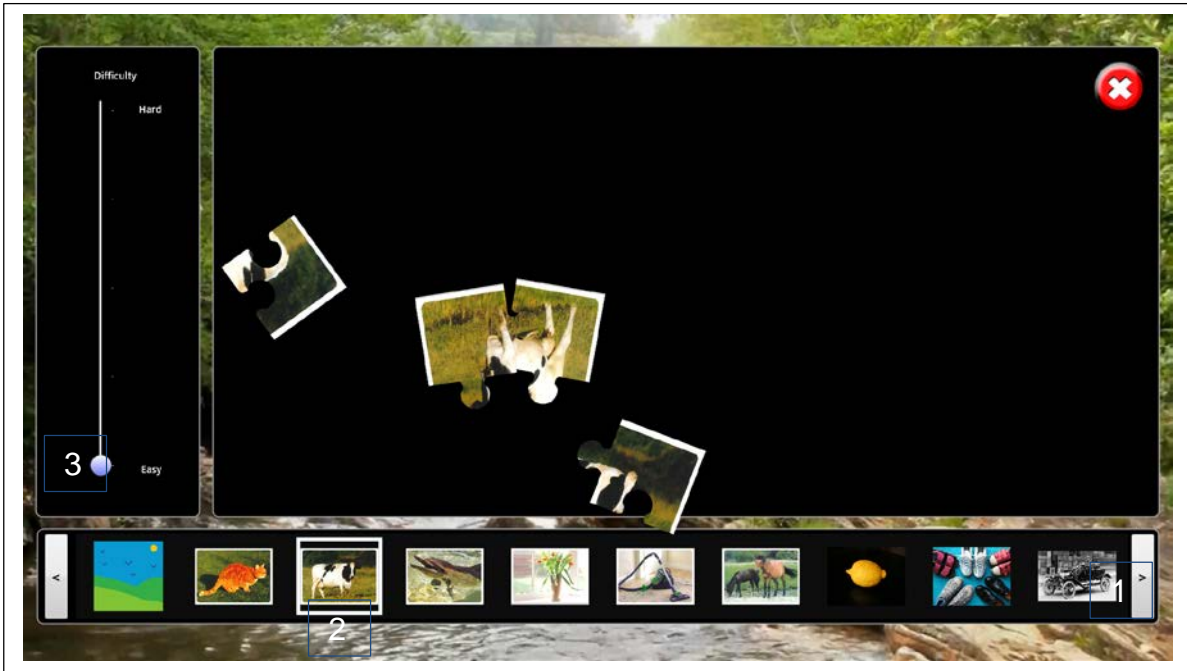
Press this button to play a selection of games and activities. You will then see this screen:



Press this button to complete jigsaw puzzles.

All pictures in the Picture Library are available as a jigsaw puzzle. Thumbnails of these pictures are shown along the bottom of the screen.

1. Use the arrow buttons to scroll through the library pictures.
2. Press on a thumbnail picture to select that picture as a jigsaw puzzle. The picture will then be highlighted.
3. You can change the level of difficulty by adjusting the slider in the left-hand column. Choose between Easy (4 pieces), 6 pieces, 9 pieces, 16 pieces and Hard (25 pieces).
4. To move the jigsaw pieces about, simply touch the piece and drag it across the screen to the desired location. Pieces can be rotated by touching one corner of the piece and turning the piece around.
5. A fanfare reward sounds when a puzzle is complete!



Press the **Cancel** button to quit **Jigsaws** and return to the Games opening screen.



Press this button to play Sudoku. You will then see this screen:



## How to Play Sudoku

Sudoku is a logic game played on a 9x9 grid using the digits 1-9. The grid is further subdivided into nine 3x3 boxes. The goal is to fill in the grid with digits such that one and only one of each digit 1-9 appear in every row, column, and box.

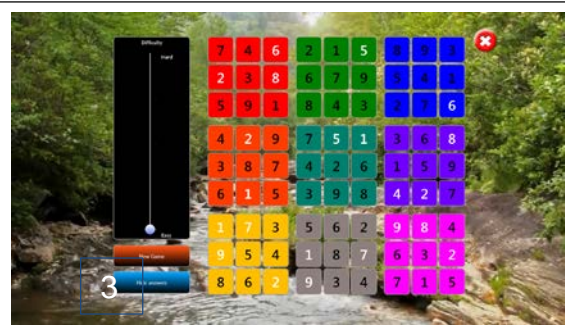
Enter a digit in a Sudoku grid cell by pressing on the cell. The number 1 will appear after 1 finger press, for the number 2, press twice, etc. To erase the cell, continue pressing, and a blank cell appears directly after number 9.

1. To select the level of difficulty, adjust the slider in the left-hand column.
2. To load a new game, press the New Game button.
3. If you get stuck, you can reveal the answers by pressing the Show / Hide Answers button. Press Hide Answers to continue with the game.
4. A congratulatory "Well Done!" is displayed and a fanfare reward sounds when the Sudoku game is complete.

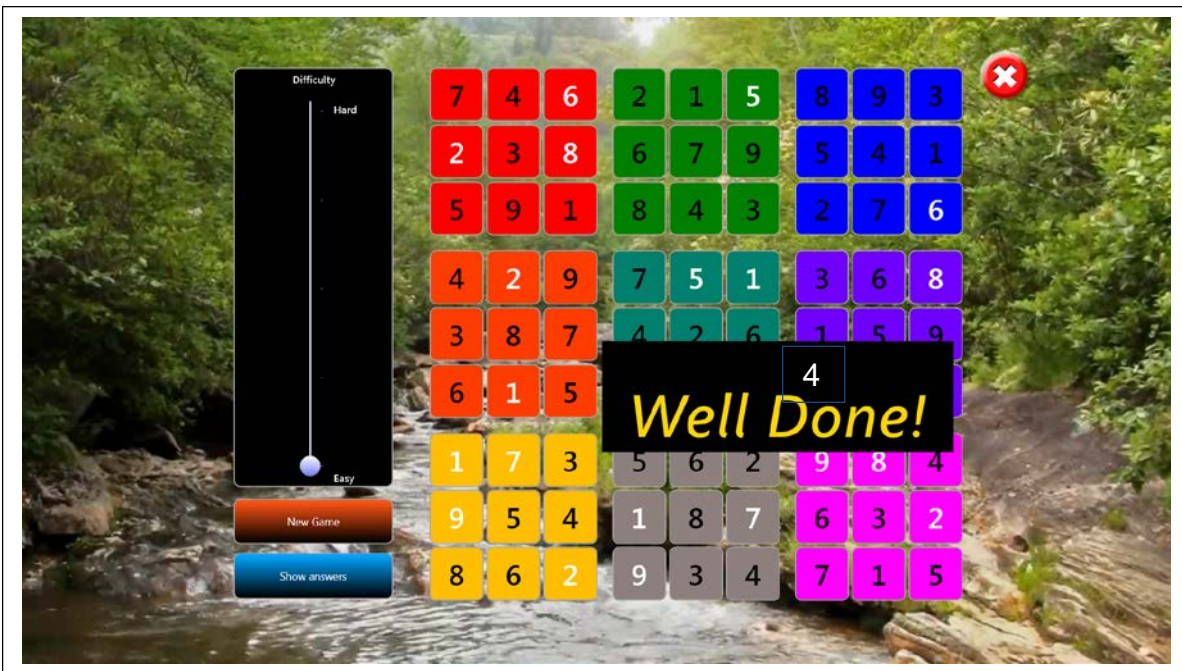




Playing the game...



Using a little help...



Finished!

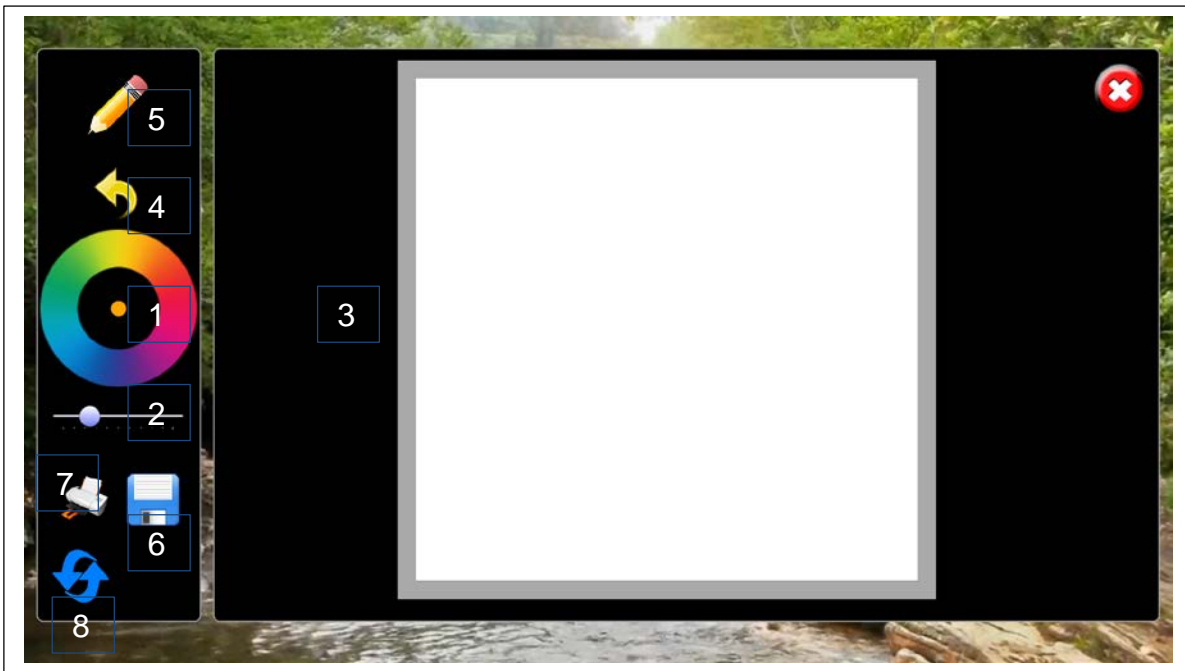


Press the **Cancel** button to quit **Sudoku** and return to the Games opening screen.

## Paint



Press this button to create your own artwork. You will then see this screen:



1. Select a colour of your choice using the colour wheel. The chosen colour is displayed in the centre of the colour wheel.
2. Select nib size (line thickness) using the slider bar – choose from very fine to very thick lines.
3. Draw your picture! Draw using your fingers.
4. If you make a mistake, press the Undo button to undo the last command.
5. To erase parts of your picture, select the eraser (Pencil / Eraser button).
6. You can save your picture to the Picture Library. Simply press Save, enter a picture name in the pop-up box and then press the green tick (✓) button.
7. You can also print your picture to PDF or to attached printers.
8. Press the Reset button to open a new page.

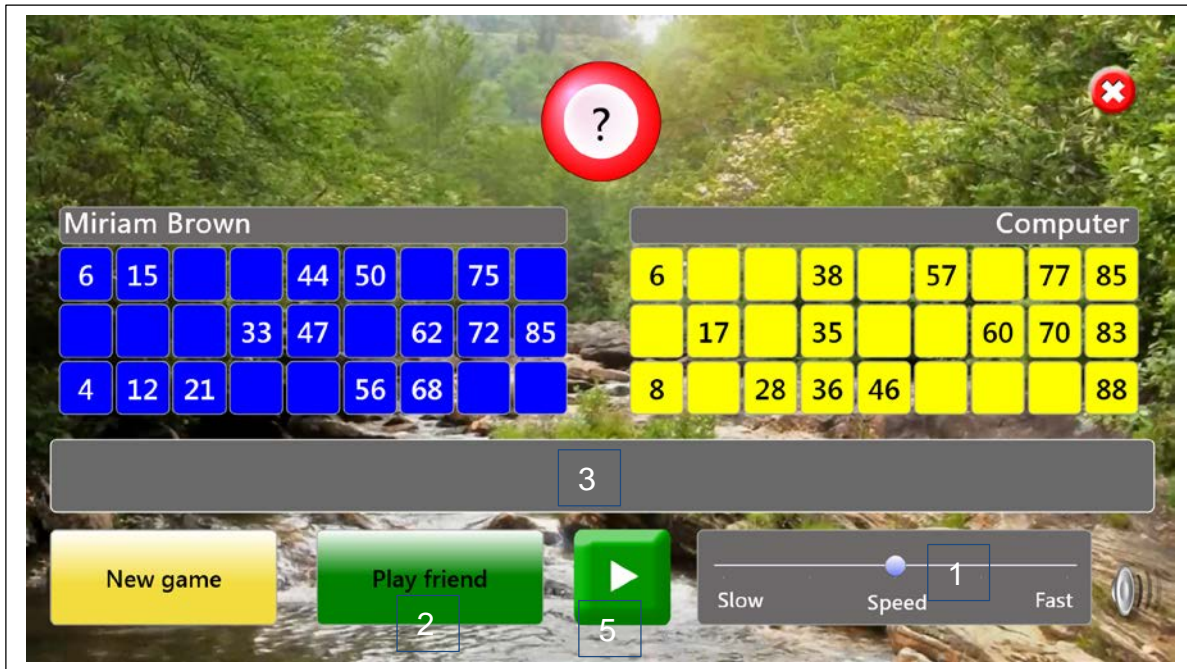


Press the **Cancel** button to quit **Paint** and return to the Games opening screen.

## Bingo



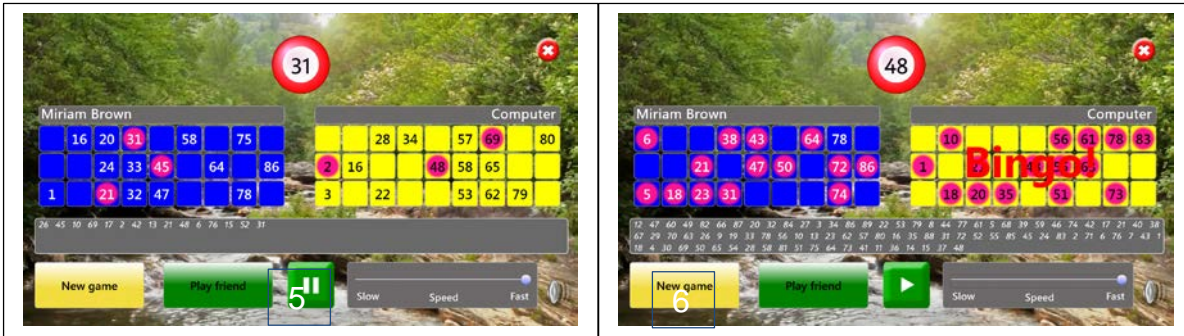
Press this button to play Bingo. You will then see this screen:



### How to Play Bingo

Bingo is a game based entirely on luck. Each player has a bingo card with numbers on. As bingo balls are called, they are displayed at the top of the screen. Players dab their bingo cards to mark the numbers as they are called. The winner is the player who dabs all of their bingo card numbers first.

1. Choose the speed at which bingo balls will be called. Press and drag the slider.
2. You can play bingo against the computer or against a friend. To play against the computer, press Play to start. To play against a friend, press Play Friend, and then press Play.
3. A list of bingo balls called is displayed in the central grey box, for reference.
4. When a number on your bingo card is called, dab the number with your finger. The dabled number will then be highlighted in pink. If you make a mistake, press the number again to remove the highlighting.
5. You can pause the game if necessary and resume when ready, using the Play / Pause button.



**Bingo cards with numbers dabbed. Winner reward screen.**

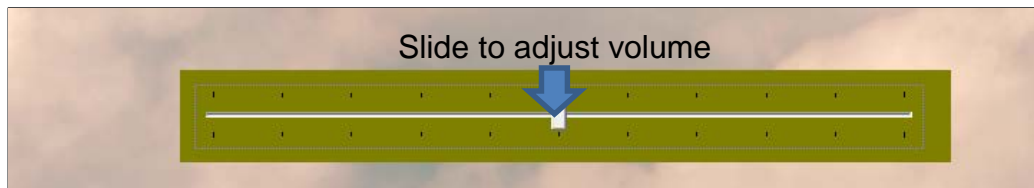
A drumroll sounds as each bingo ball is called. The winner is rewarded with the word “Bingo!” flashing across their bingo card.

Bingo balls continue to be called. This facility allows the other player to complete their bingo card, if desired.

6. To start a new game, press the New Game button.



Volume control – click to reveal the volume slider. Click and drag the volume button up or down to increase or decrease sound volume. Care™ will automatically save the desired volume level.



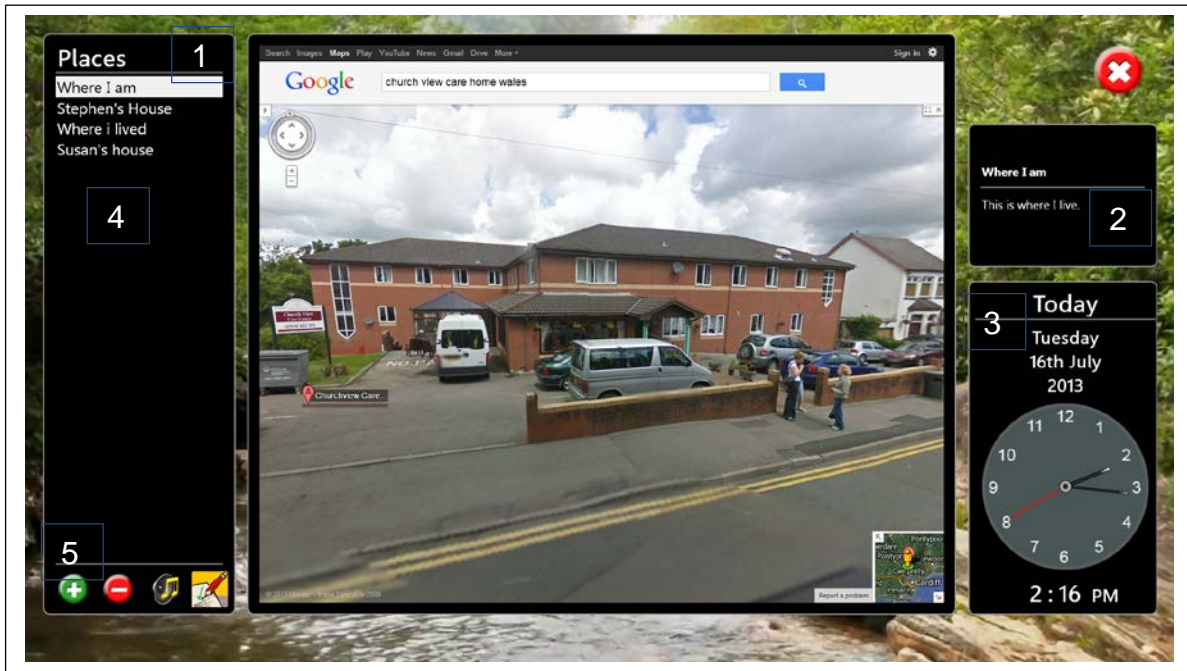
Press the **Cancel** button to quit **Bingo** and return to the Games opening screen.

Press the **Cancel** button again to quit **Games** and return to the Care™ opening screen.

## Orientation



Press this button for assistance with orientation to time, day, date and place. You will then see this screen:



1. Care™ will automatically announce the details of the first Google maps location stored under Places in the left-hand column.
2. Care™ will announce the place name and any written comments stored to that location.
3. Care™ will then announce:

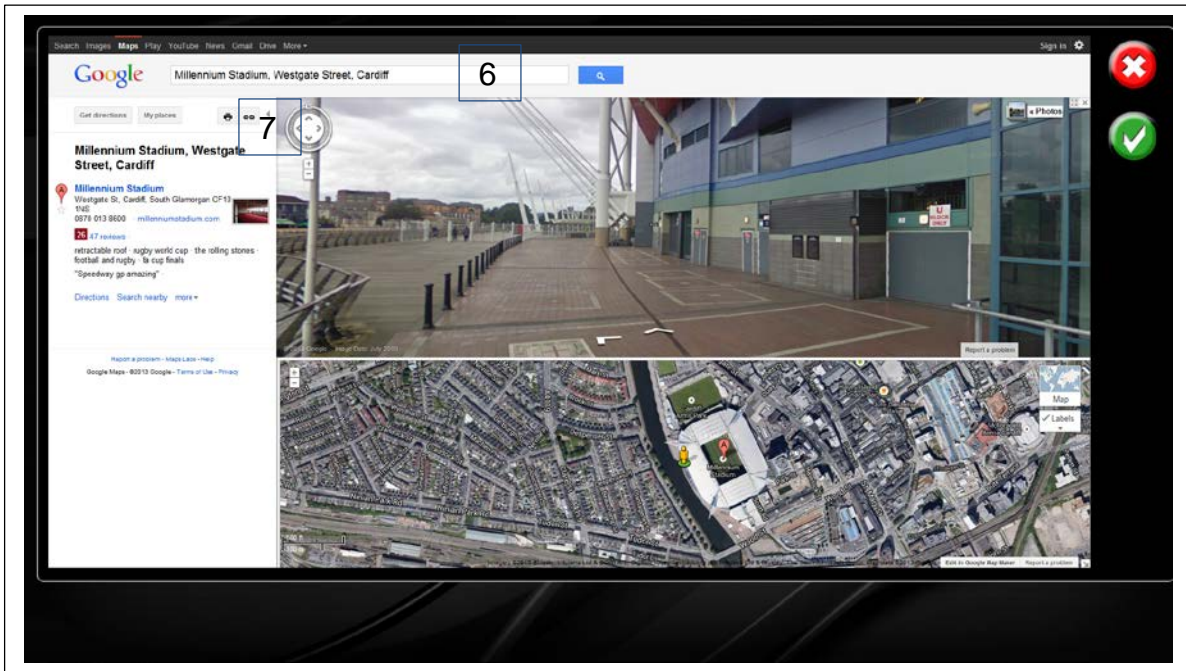
**“Today is (DAY OF WEEK), (DATE – day / month / year).  
The time is (TIME in 12 hour clock).”**

To encourage orientation to time, day and date, these details are highlighted in red whilst the announcement is being made. The background colour then reverts to black. For convenience, an analogue and digital clock are provided.

4. View different stored locations by simply pressing on the place name under Places.

## Adding and editing Places

- To add a new location to the list of Places, press the green plus (+) button in the left-hand column. A pop-up box will then invite you to enter a new place name. Enter the place name (e.g. Millennium Stadium, Cardiff) and then press the green tick (✓) button to save it.
- Google maps will then automatically load. Search in Google for your desired location, using the location name and / or postcode:

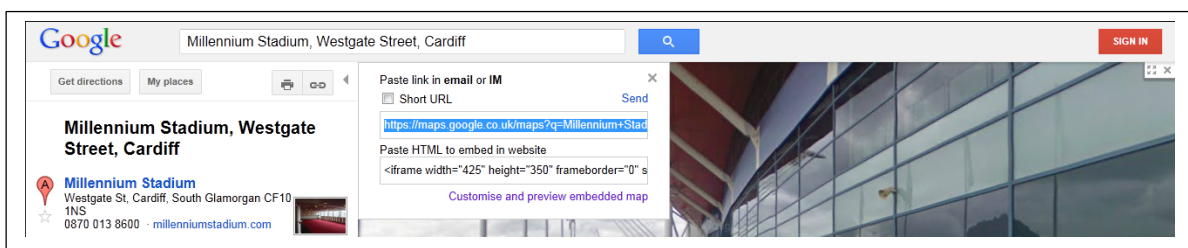


- Zoom in to the desired view, e.g. Street View, and then press the Link button to obtain the Google maps link.



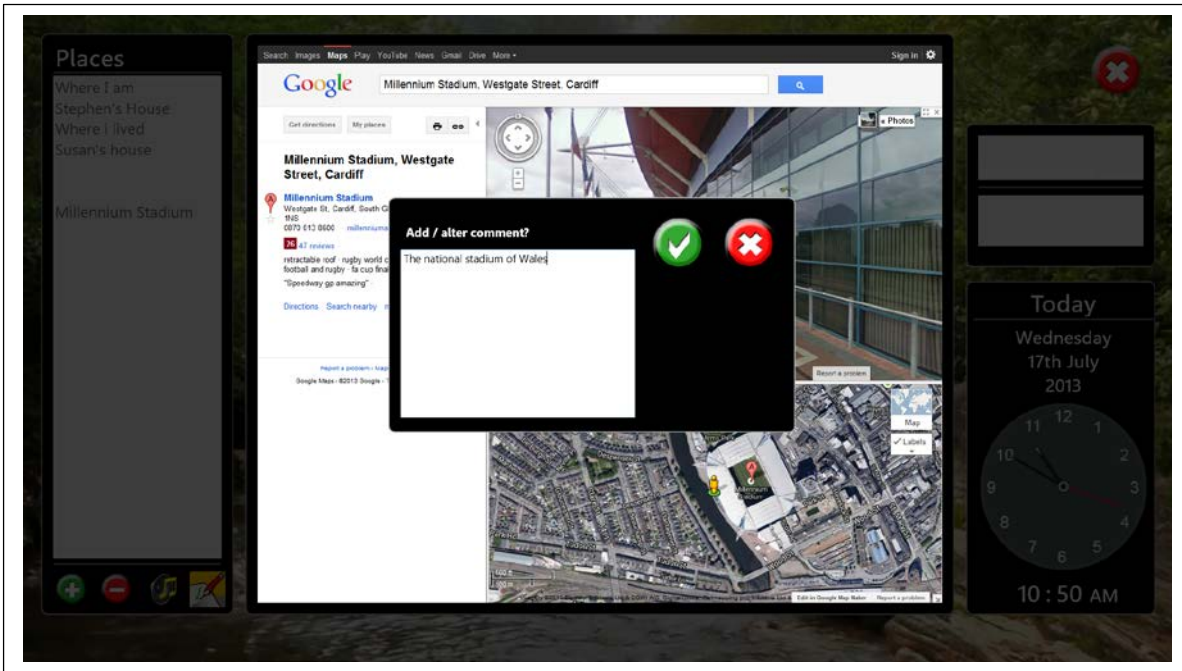
Google maps Link button

The link will be highlighted in blue:



Press Ctrl+C to copy the link to the clipboard, then press the green tick (✓) button.

- A pop-up box will then invite you to add / alter comments relevant to the location chosen. Enter any comments and then press the green tick (✓) button to save the comments.



- The new location, place name and comments are then listed under Places in the left-hand column. Simply press on the place name to see and hear all details saved.
- To edit place names, locations and / or comments, select the place name in the left-hand column and then press the edit button:



A pop-up box will then invite you to enter a new place name. Enter the place name and then press the green tick (✓) button.

The saved Google maps location will then appear. Edit as desired, press Ctrl+C, and then press the green tick (✓) button.

A pop-up box will then invite you to add / alter the written comments. Edit as desired, and then press the green tick (✓) button.

- Care™ will automatically announce the place name and any written comments stored to that location every time the place name is selected. To turn the announcements off, select the Sound Off button:



Sound Off button



12. To remove a Place from the list in the left-hand column, simply press on the Place name and then press the red minus (-) button:



At the prompt, press the green tick (✓) button to delete the Place.



Press the **Cancel** button to quit **Orientation** and return to the Care™ opening screen.

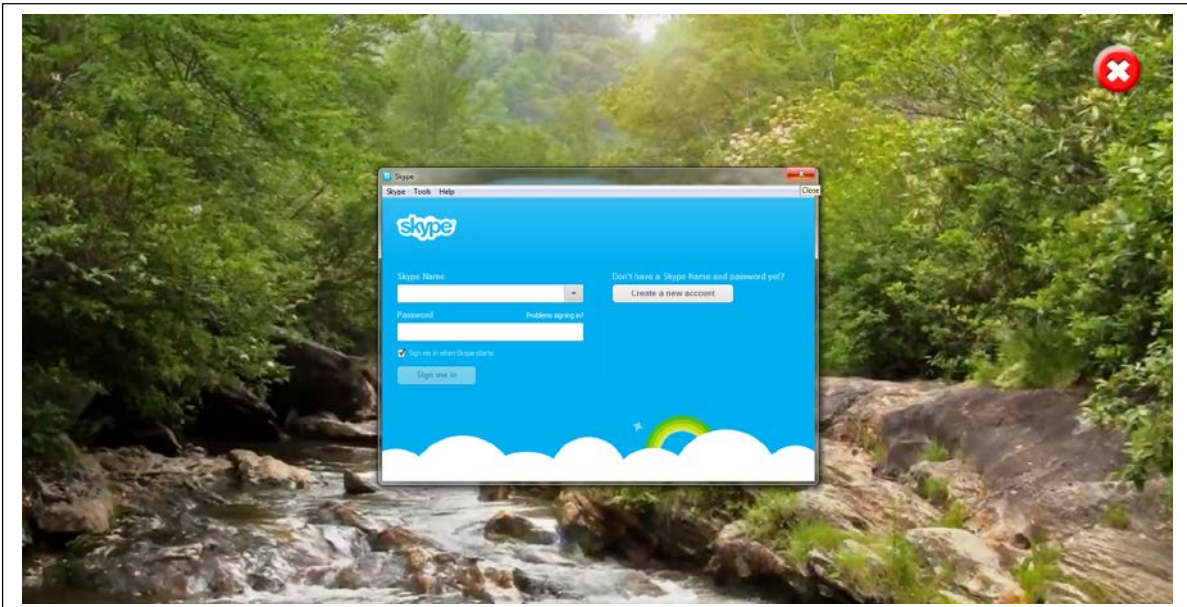
## Skype™



Press this button to communicate with family and friends over Skype™. You will then see this screen:



The Skype™ log in screen will then appear:



Enter your Skype™ Name and Password to sign in, or select “Create a new account” if you do not already have one.

Your Skype™ Contacts screen will then appear. Choose which Contact you wish to communicate with by selecting their name in the left-hand column. Then press the green Call button to start Skype™.

Please see [www.skype.com](http://www.skype.com) for further information.



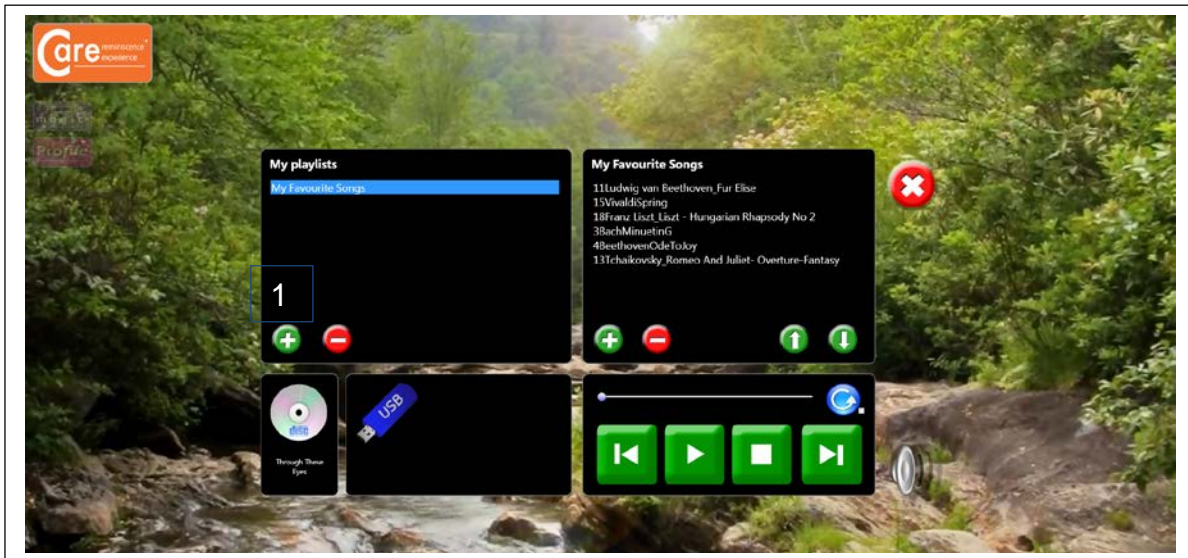
Press the **Cancel** button to quit **Skype** and return to the Care™ opening screen.

## Sound



Press this button to choose and play sound files stored on the computer / USB memory stick / CD.

The system supports many popular audio formats, including 3GP, AAC, WAV, WMA and MP3.



## Playlists

### Playing tracks in a playlist

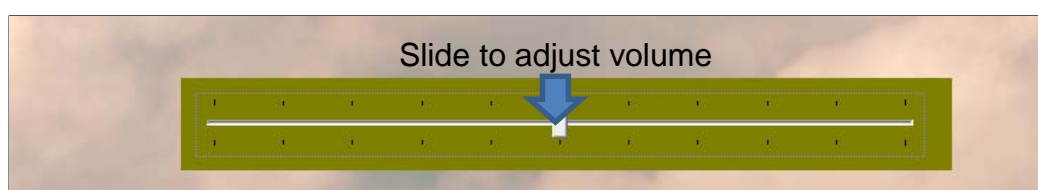
Saved playlists are shown in the left-hand column. Click on the playlist title to show all tracks in the chosen playlist. Click on any track to play the track automatically. You can also pause tracks, stop tracks, skip backwards or skip forwards to other tracks in the playlist.



Play all – press this button to play all tracks in a playlist automatically.



Volume control – click to reveal the volume slider. Click and drag the volume button up or down to increase or decrease sound volume. Care™ will automatically save the desired volume level.

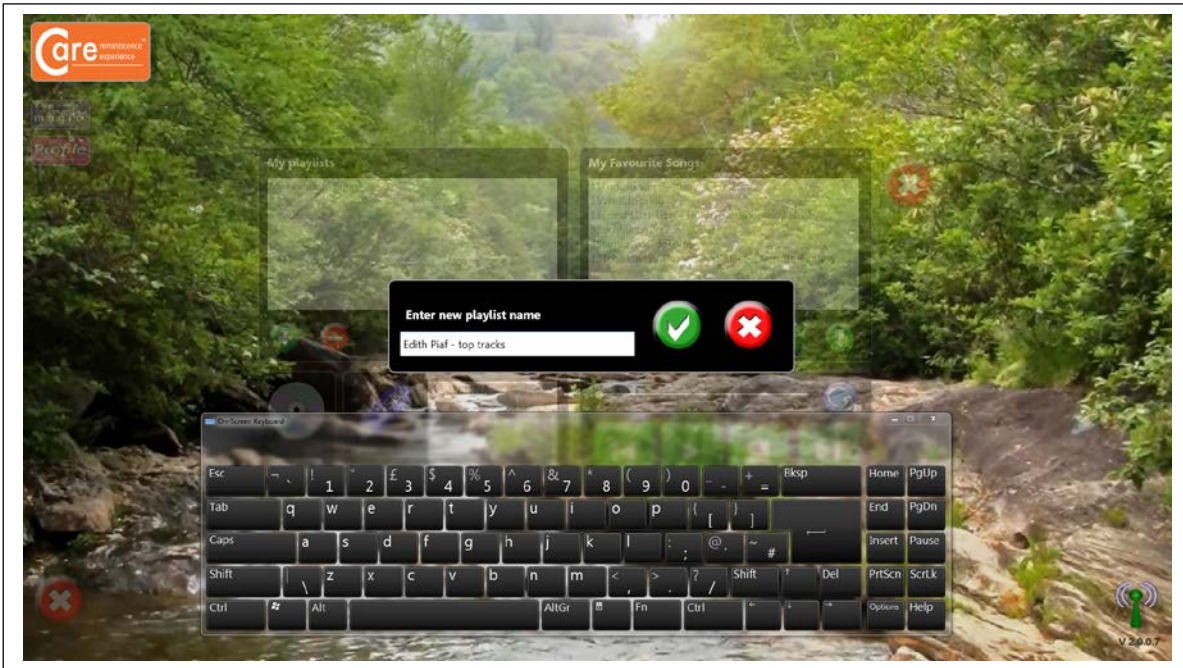


## Creating new playlists

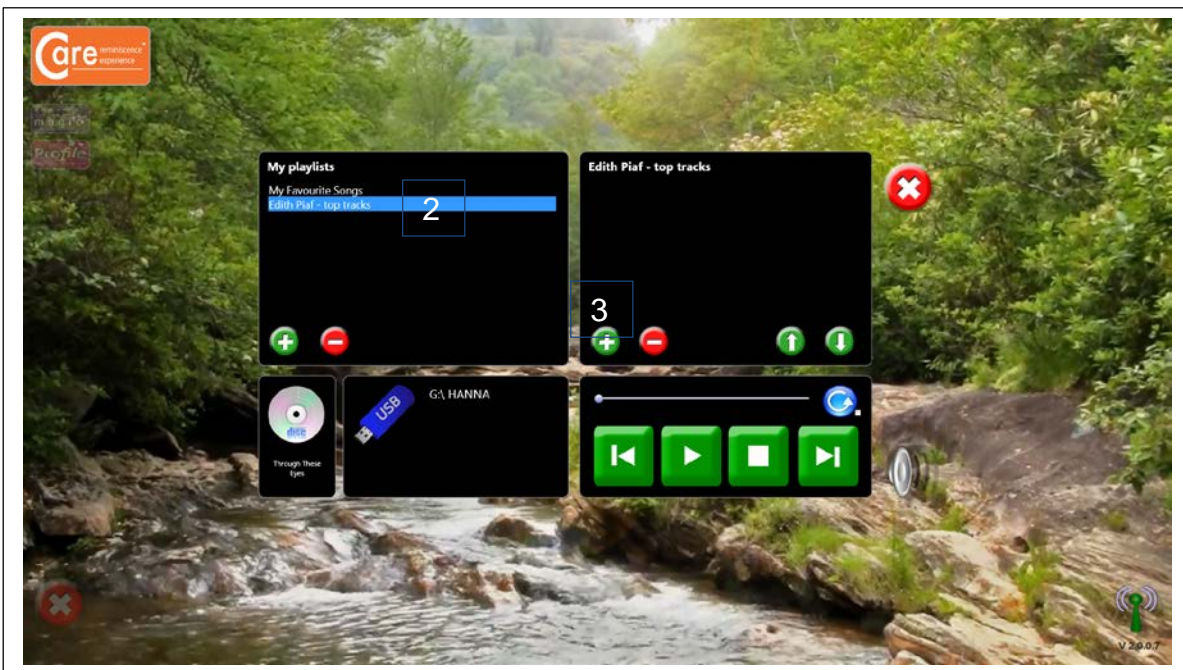
1. To create a new playlist, click on the green plus button under “My playlists”.



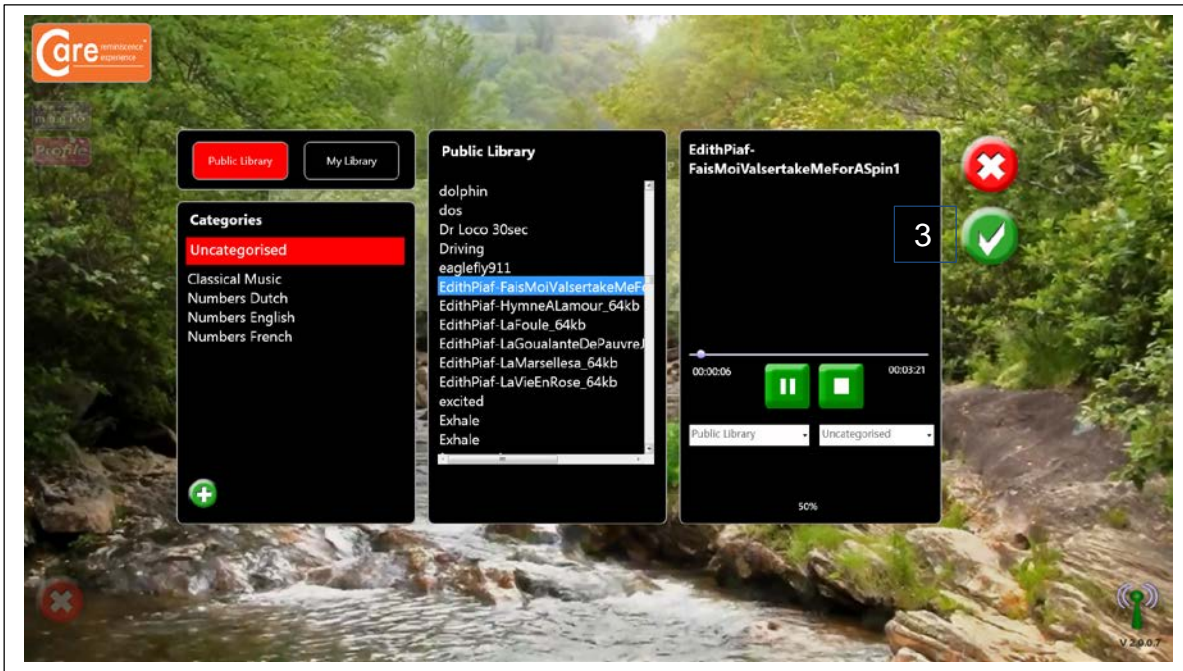
A pop up box will then invite you to name your new playlist. Enter a playlist name, e.g. “Edith Piaf – top tracks”, then click the green tick button (✓):



2. To select your new playlist, click on the playlist name. The playlist will then be highlighted in blue:



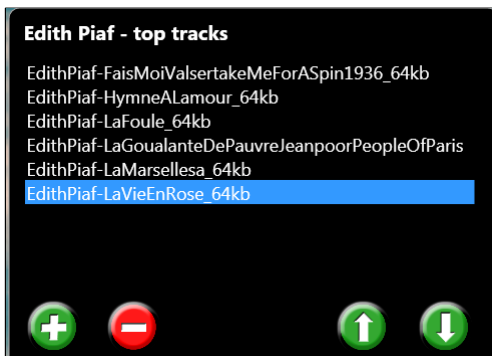
3. To add a music track, click on the green plus button in the right-hand column, under the playlist name. This will call up the music libraries. Select a music track and click on the green tick button (✓) to add the track to your playlist:



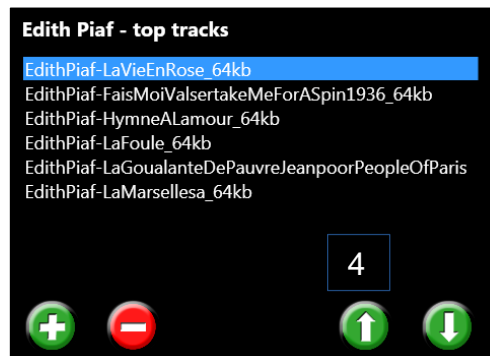
Continue to add music tracks as desired.

4. Tracks can be moved up or down in the playlist simply by selecting the music track and clicking on the up or down arrow buttons.

Example: Moving a music track to the top of the playlist



Original



After up arrow pressed 5 times



Click to move a music track up in the playlist.



Click to move a music track down in the playlist.



To remove a music track from a playlist, simply click on the track and then click the red minus button. At the prompt, click on the green tick button (✓) to delete the track.

To delete an entire playlist, simply click on the playlist name and then click the red minus button in the left-hand column. At the prompt, click on the green tick button (✓) to delete the playlist.



The system is supplied with a basic music/sound library. You can add your own music/sounds to the library. See the Library section for more details.



Press this button to play CDs. Simply insert your CD into the disc drive. The CD will play automatically.



To play music tracks from a memory stick, simply insert the memory stick into a USB port and click on the name of the memory stick once this is displayed. The music tracks on the memory stick will then be listed in the right-hand column. Simply click on the track name to play a track.



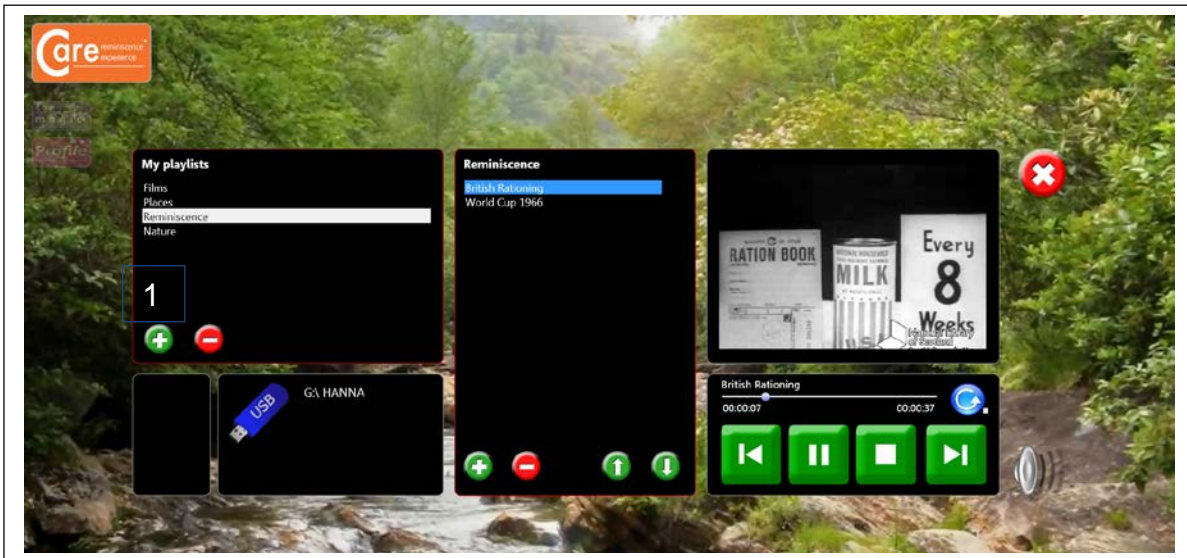
Click on the **Cancel** button to quit **Sound** and return to the Care™ opening screen.

## Video



Press this button to choose and play video files stored on the computer / USB memory stick.

The system supports many popular video formats, including 3GP, AVCHD, MPEG-4, WMV, AVI, DivX, MOV and Xvid.



## Playlists

### Playing videos in a playlist

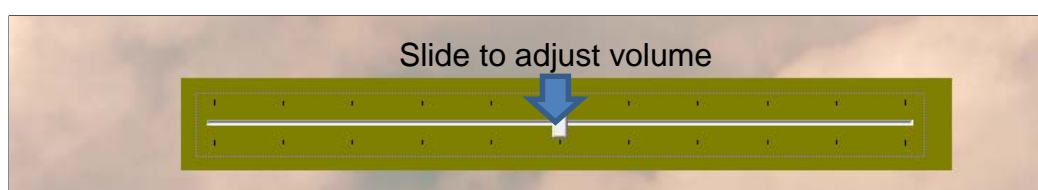
Saved playlists are shown in the left-hand column. Click on the playlist title to show all videos in the chosen playlist. Click on any track to play the track automatically. You can also pause tracks, stop tracks, skip backwards or skip forwards to other tracks in the playlist.



Play all – press this button to play all tracks in a playlist automatically.



Volume control – click to reveal the volume slider. Click and drag the volume button up or down to increase or decrease sound volume. Care™ will automatically save the desired volume level.



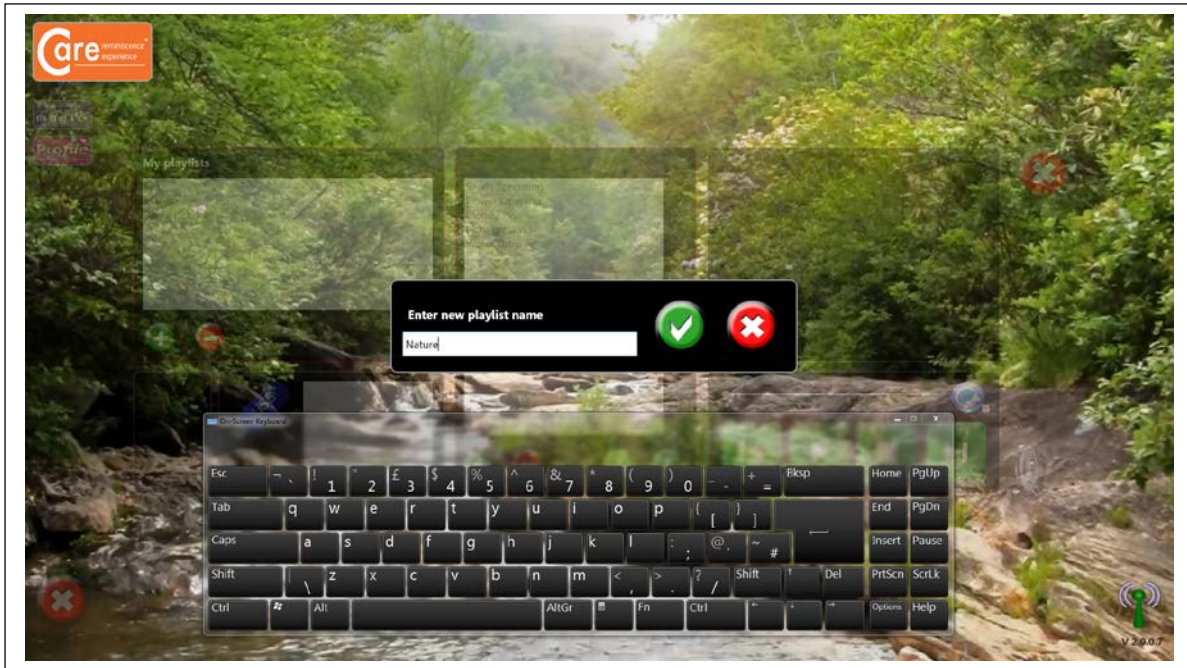


## Creating new video playlists

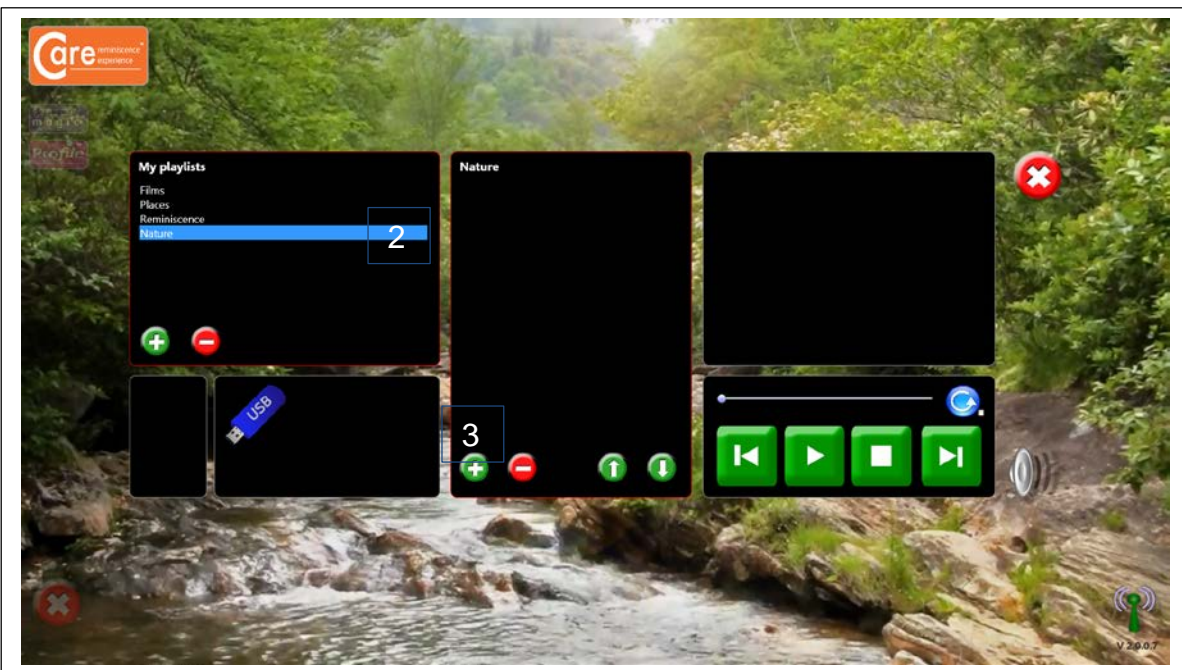
1. To create a new video playlist, click on the green plus button under “My playlists”.



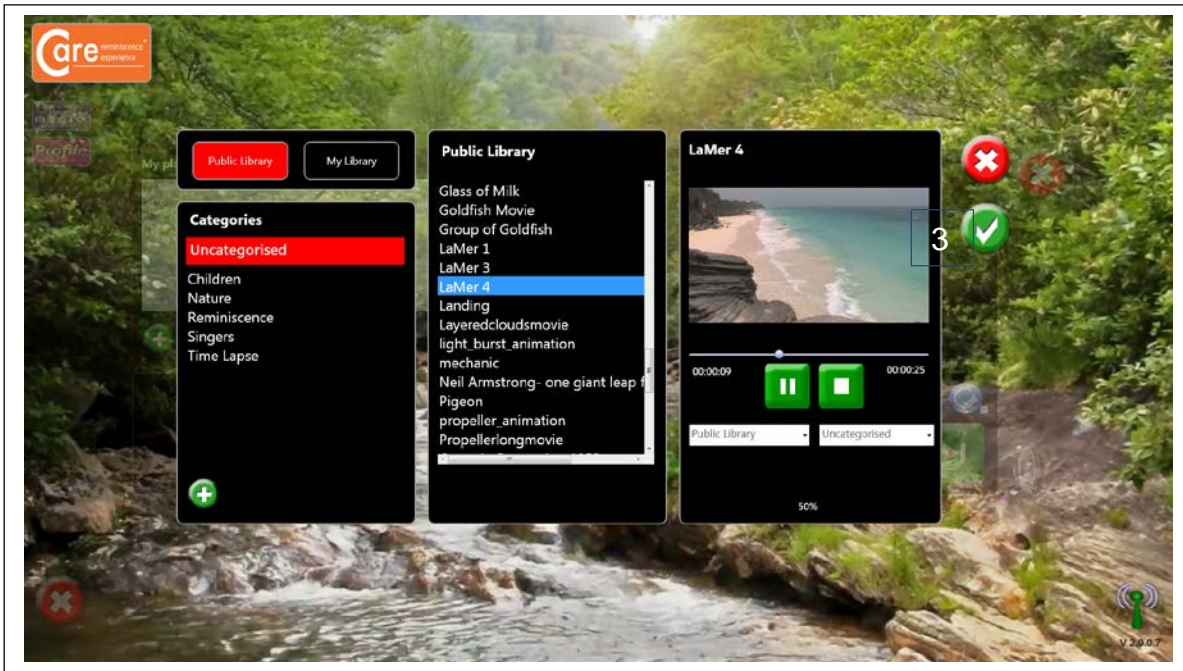
A pop up box will then invite you to name your new playlist. Enter a playlist name, e.g. “Nature”, then click the green tick button (✓):



2. To select your new video playlist, click on the playlist name. The playlist will then be highlighted in blue:



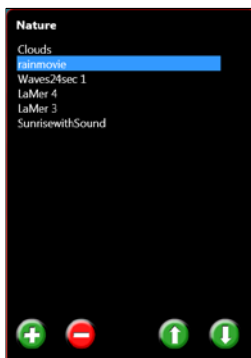
3. To add a video track, click on the green plus button in the middle column, under the playlist name. This will call up the video libraries. Select a video track and click on the green tick button (✓) to add the track to your playlist:



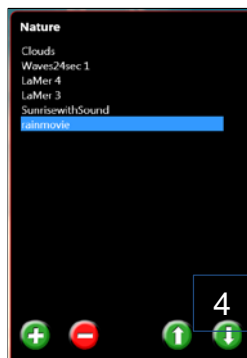
Continue to add video tracks as desired.

4. Tracks can be moved up or down in the playlist simply by selecting the video track and clicking on the up or down arrow buttons.

Example: Moving a video track to the bottom of the playlist



Original



After down arrow pressed 4 times



Click to move a video track up in the playlist.



Click to move a video track down in the playlist.



To remove a video track from a playlist, simply click on the track and then click the red minus button. At the prompt, click on the green tick button (✓) to delete the track.

To delete an entire playlist, simply click on the playlist name and then click the red minus button in the left-hand column. At the prompt, click on the green tick button (✓) to delete the playlist.



The system is supplied with a basic video library. You can add your own videos to the library. See the Library section for more details.



To play video tracks from a memory stick, simply insert the memory stick into a USB port and click on the name of the memory stick once this is displayed. The video tracks on the memory stick will then be listed in the right-hand column. Simply click on the track name to play a track.



Click on the **Cancel** button to quit **Video** and return to the Care™ opening screen.

## Radio



Press this button to listen to online radio. You will then see this screen:



You can now navigate the BBC Radio 2 website at leisure.

The picture can be magnified to suit individual needs. To magnify and stretch the picture, touch the picture with two fingers or two hands and simply stretch it to increase it in size:



Click on the **Cancel** button to quit **Radio** and return to the Care™ opening screen.

# News

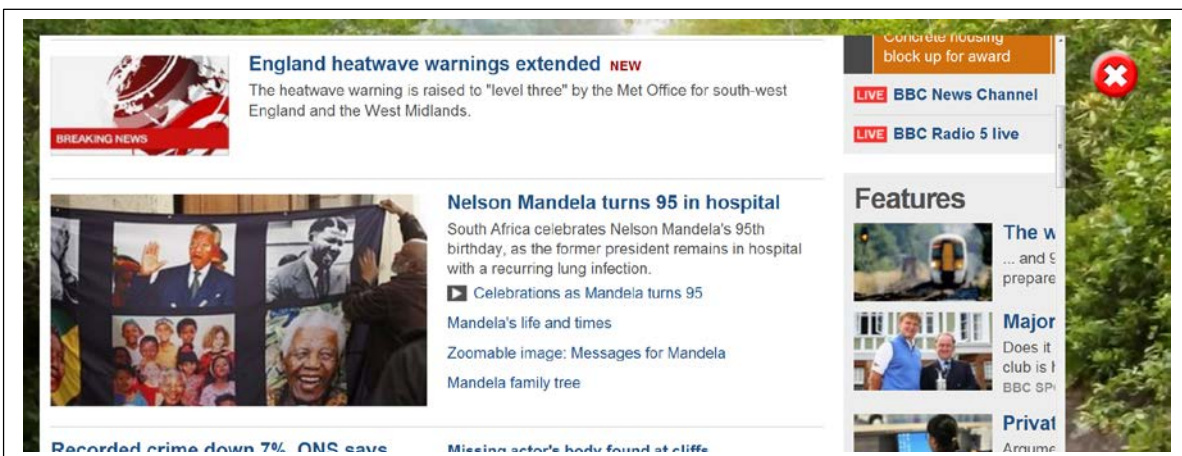


Press this button to listen to and read online news. You will then see this screen:



You can now navigate the BBC News website at leisure.

The picture can be magnified to suit individual needs. To magnify and stretch the picture, touch the picture with two fingers or two hands and simply stretch it to increase it in size:



Click on the **Cancel** button to quit **News** and return to the Care™ opening screen.

## Library



Press this button to add files to the libraries. You will then see this screen:



Click this button to add sound/music files.



Click this button to add video files.




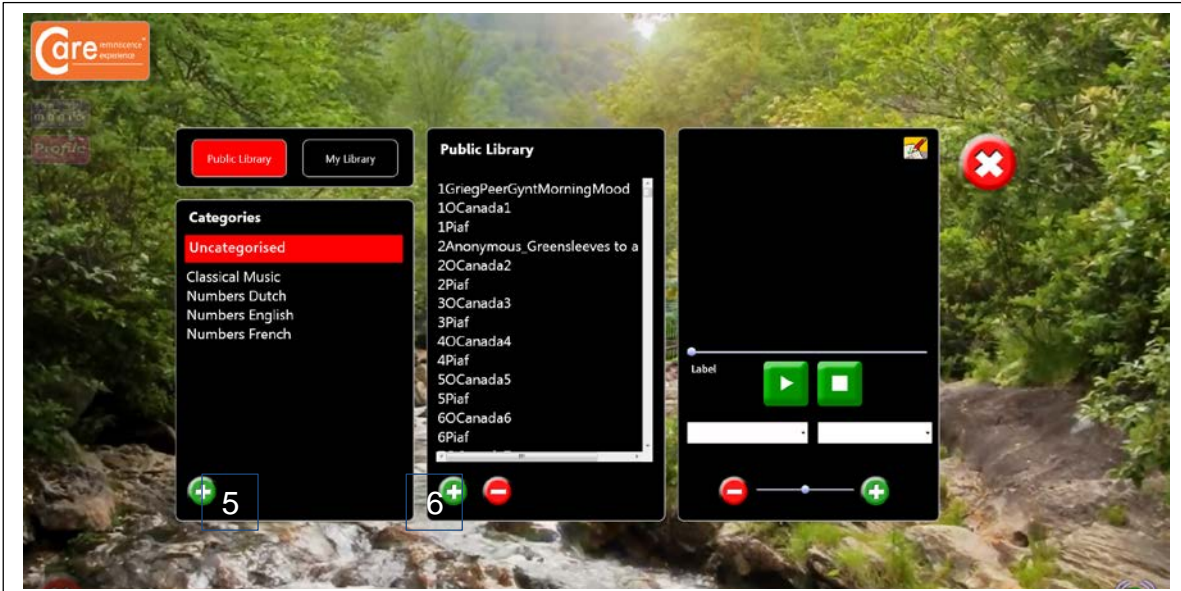
Click this button to add still picture / photo files.



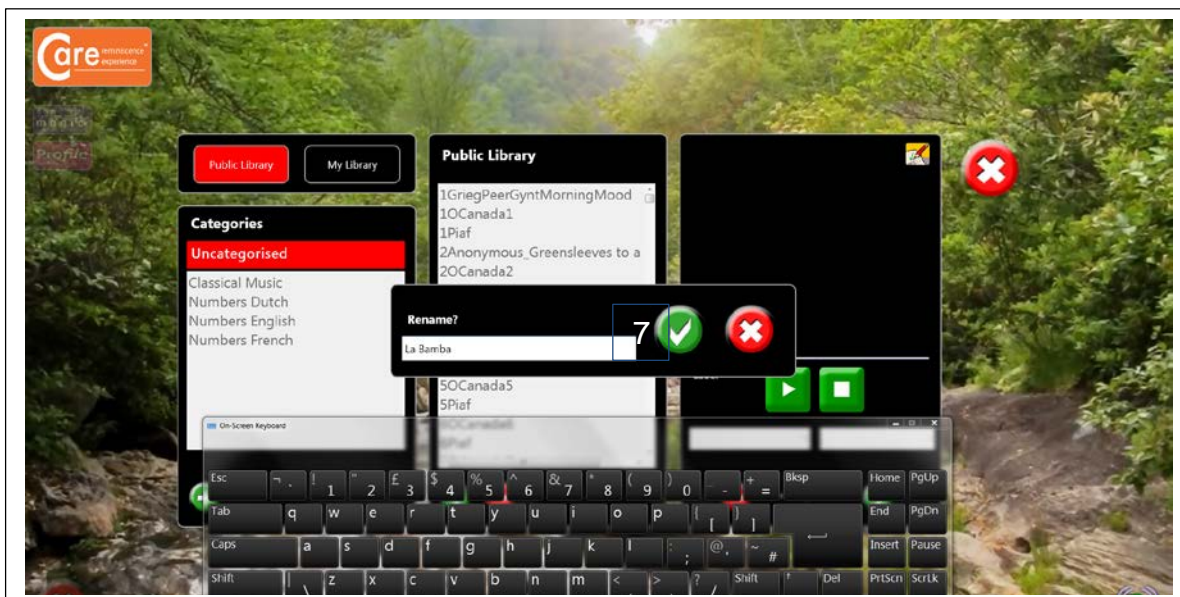
Click this button to add karaoke files.

**Example: Adding a music file:**

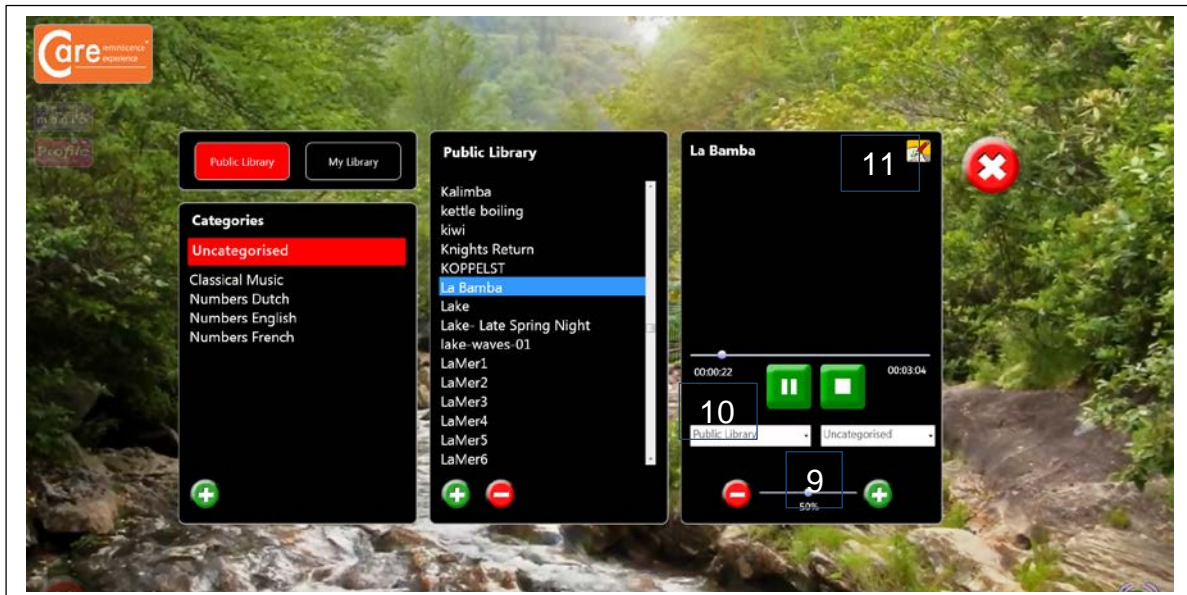
1. Transfer your chosen music file onto a memory stick.
2. Insert the memory stick into a USB drive.
3. Click on the music file icon: 
4. The relevant library screen will then appear:



5. To categorise the music, select a category from the left-hand column, or to create a new category, click on the green plus (+) button in the left-hand column, enter the new category name and then click on the green tick (✓) button.
6. To add the music file to the library, click on the green plus (+) button in the middle column. Locate the file on your computer. Select the file and click Open.
7. A pop-up box will then prompt you to rename the file (if required). Choose a file name and then click on the green tick (✓) button to save the file:



8. The file will then appear in the sound / music library:



9. You can adjust the sound volume of the file by using the slider at the bottom of the right-hand column. The volume will be saved automatically. This feature is useful for adjusting the volume of especially quiet or loud sound files.
10. You can change the way in which the file is categorised by choosing between Public Library or Private Library from the drop-down list. You can also change the file category using the drop-down list on the right.
11. You can rename the file (if desired) using the edit button in the top-right hand corner.

**The same process is used to add video files and / or still pictures / photographs.**



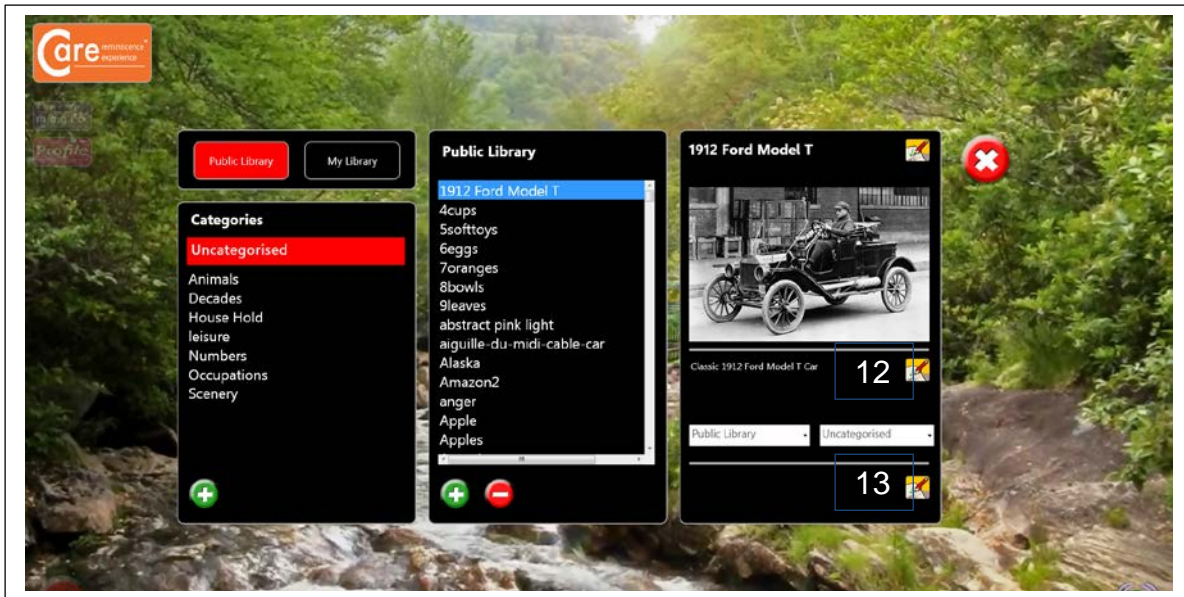
Click this button to add video files.



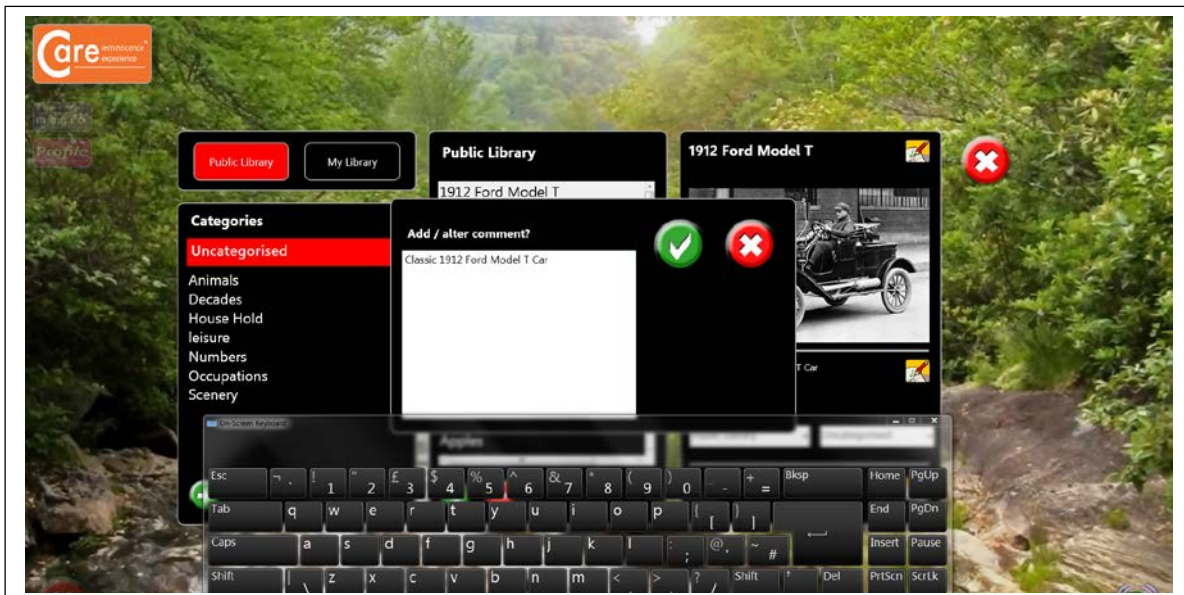
Click this button to add still picture / photo files.

There are two additional edit buttons displayed in the picture library. Use these buttons to add comments and captions to pictures, and to add a Google maps location, if desired:



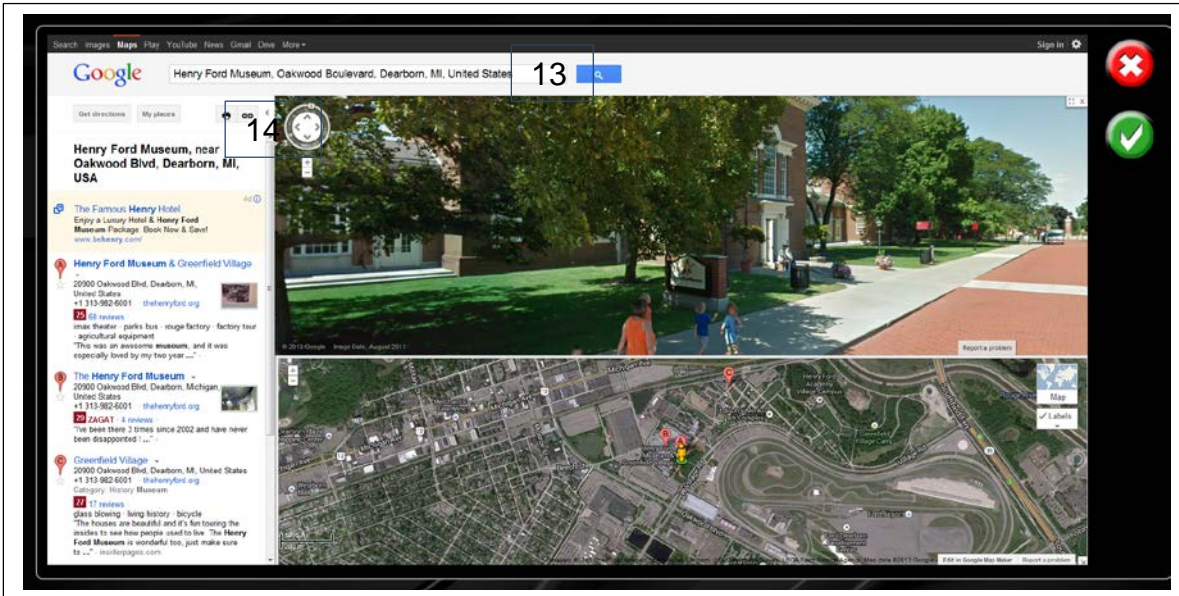


12. Press this edit button to add or alter a comment/caption:



Enter the comment/caption in the pop-up box and then press the green tick (✓) button to save it.

13. Press this edit button to add a Google maps location relevant to the picture. Google maps will then automatically load. Search in Google for your desired location, using the location name and / or postcode:



14. Zoom in to the desired view, e.g. Street View, and then press the Link button to obtain the Google maps link.



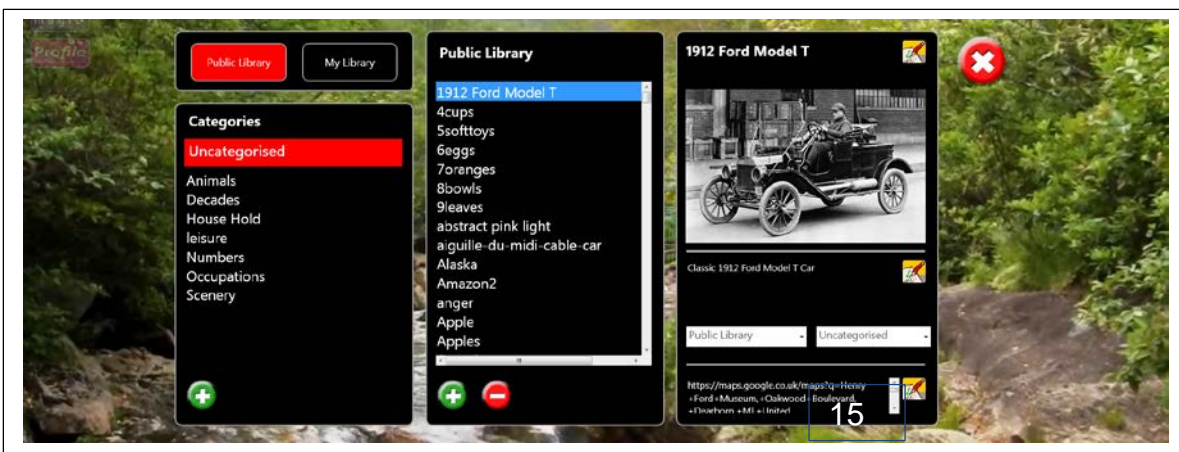
Google maps Link button

The link will be highlighted in blue:



Press Ctrl+C to copy the link to the clipboard, then press the green tick (✓) button.

15. The new Google maps location is now saved in the picture library




16. The picture title, caption / comments and Google maps location can now be viewed in a picture album, under Pictures:



Press on the globe to see the Google maps location stored with the picture.

**Example: Adding a karaoke file:**

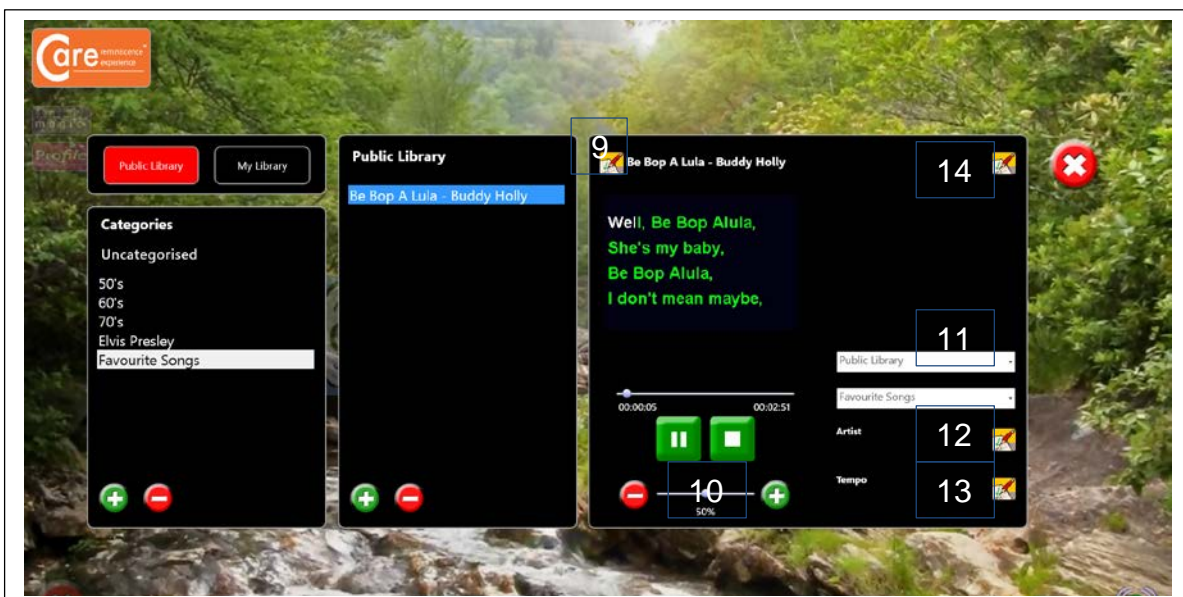
1. Transfer your chosen karaoke file onto a memory stick.
2. Insert the memory stick into a USB drive.
3. Click on the karaoke file icon: 
4. The relevant library screen will then appear:



5. To categorise the karaoke track, select a category from the left-hand column, or to create a new category, click on the green plus (+) button in the left-hand column, enter the new category name and then click on the green tick (✓) button.
6. To add the karaoke file to the library, click on the green plus (+) button in the middle column. Locate the file on your computer (mp4). Select the file and click Open.
7. A pop-up box will then prompt you to rename the file (if required). Choose a file name and then click on the green tick (✓) button to save the file:

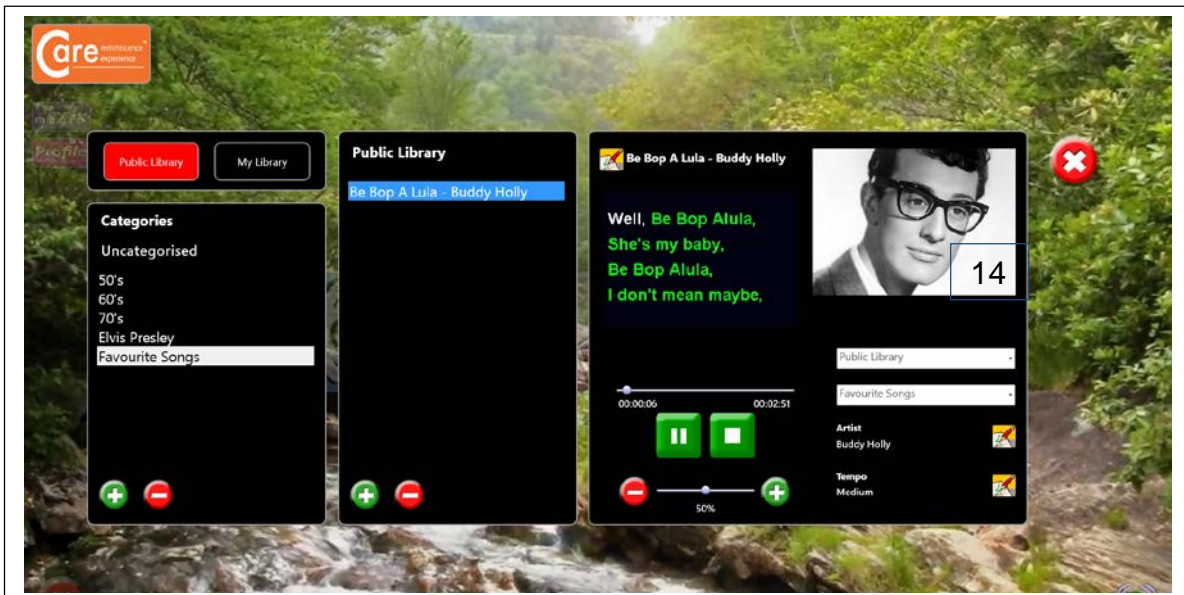


8. The file will then appear in the karaoke library:



9. You can rename the file (if desired) using the edit button at the top left-hand corner of the right column.

10. You can adjust the sound volume of the file by using the slider at the bottom of the right-hand column. The volume will be saved automatically. This feature is useful for adjusting the volume of especially quiet or loud karaoke files.
11. You can change the way in which the file is categorised by choosing between Public Library or Private Library from the drop-down list. You can also change the file category using the second drop-down list.
12. Add the artist's name to allow sorting by artist.
13. Add a description of the song tempo (e.g. Slow, Medium, Fast), to allow sorting by tempo.
14. To add a photograph of the artist, to act as a visual memory cue, press the edit button at the top right-hand corner of the right column. Locate the file on your computer (Jpeg, Bitmap or Tiff). Select the file and click Open. The image will then be displayed:



To remove a file from the library, simply click on the file name and then click the red minus button in the middle column. At the prompt, click on the green tick button (✓) to delete the file.

To delete an entire library category, simply click on the category name and then click the red minus button in the left-hand column. The system will not allow you to delete categories which are not empty.



Click on the **Cancel** button to quit **Library** and return to the Care™ opening screen.



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**ROMPA<sup>®</sup>**



# **Operating Instructions**

Version 2.0.  
Rev.A

## Welcome! ...

...to Profile™, a secure, record keeping, patient profiling system for professionals.

Profile™ offers the professional a secure, systematic, structured approach to patient record keeping and report writing. Patient activity data is stored automatically by ROMPA®'s Sensory Magic™ and Care™ systems and can be accessed by named staff via Profile™.

Access to each tier of the Profile™ system is password protected and managers are able to assign carers and keyworkers to specific clients, meaning that sensitive information is available only on a strictly “need to know” basis.

A number of screening tools are included with the Profile™ package: Sensory Magic Profile™ includes ROMPA®'s Sensory Profiling Tool, an assessment tool developed in conjunction with the University of Southampton. This assessment tool allows therapists and carers to understand the users' sensory preferences with regards to a multi-sensory environment (MSE). This information can then be used to prepare individualised Sensory Magic™ session plans.

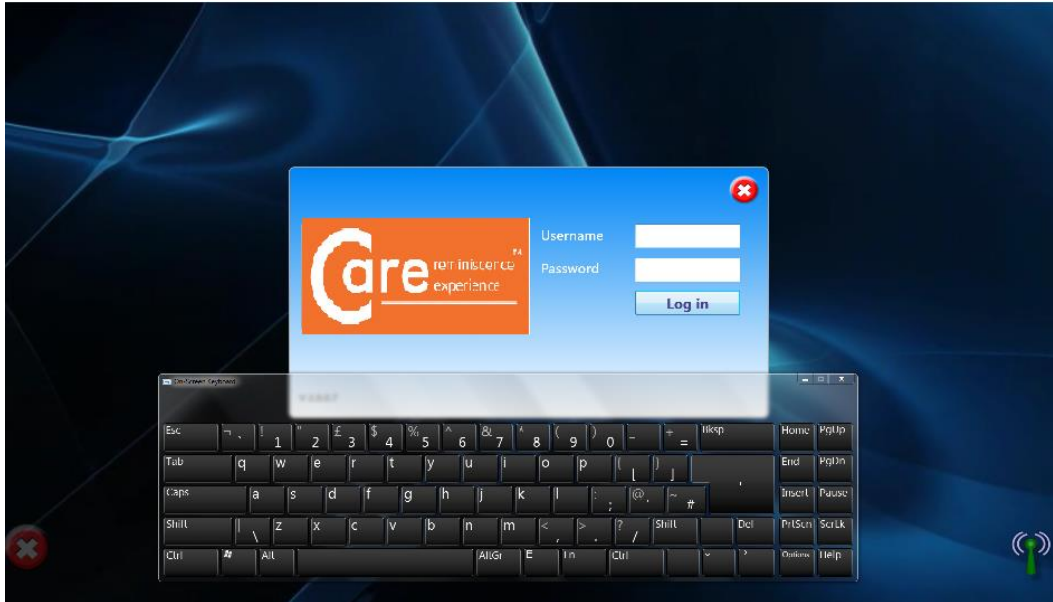
As Care reminiscence experience™ has been developed specifically for those individuals experiencing symptoms of dementia, Care Profile™ includes three screening tools relevant to this population: The Geriatric Depression Scale (short form) (GDS-15, Yesavage et al, 1983, 1986), The 6-CIT Six Item Cognitive Impairment Test (dementia screening tool, Kingshill Research Centre, Swindon, UK) and the Rosenberg Self-Esteem Scale (R-SES, Rosenberg, 1989).

Via Profile™, professionals can quickly generate Initial Assessment reports, Activity Summary reports and post-intervention follow-up Patient Progress reports. The activity or inactivity of individual patients can be carefully tracked, allowing early intervention where necessary.



## Getting Started

Upon system start up, you will be greeted by a log in screen:



There are three levels at which the system can be accessed: Manager, Carer or Client (user).

Sample Usernames and Passwords have been set as follows:

<b><u>Access level</u></b>	<b><u>Username</u></b>	<b><u>Password</u></b>
Manager	Manager	Password
Carer	Carer	Password
Client	Client	Password

### Manager Log In

Managers have access to the whole system and all data collected. Managers can also add Carers and Clients onto the system.

To log in as a Manager, enter Username = Manager and password = password, then click Log in.

You will then be greeted with an opening screen. If you have purchased the Care reminiscence experience™ system, you will see the Care™ and Profile™ logos. If you have also purchased the Sensory Magic™ system, you will see all three logos:



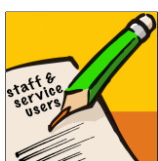
### Setting the Manager’s Username and Password


Click on the Profile™ logo to set the Manager’s username and password and to remove the sample demo log in details.

## Profile™ Opening Screen



Click the staff and service users icon:



Under “Select Staff Member”, choose Manager Demo. All text boxes are now editable. Enter Manager’s name, new Username and new Password, then click Save . Usernames and Passwords must be single words (no spaces).


△Remember to make a note of your Username and Password, as demo login details will no longer work after they have been edited.

Several example staff member and client names have been entered onto the system for training purposes. These details can be hidden from view by selecting the “Hide record” tick box.

## Adding Staff Member Information onto Profile™

Add staff members onto Profile™ using the staff and service users icon:



Click on the green plus (+) button to reveal a new editable record. Enter the staff member’s title (Mr/Mrs/Ms/Dr etc.), first name and surname, and then choose a Username and Password. Usernames and Passwords must be single words (no spaces). Select the staff member’s access level from the dropdown list (Carer/Manager).  Click Save to save all details.

Staff records can be amended over time, as necessary. A box is also given to enable a date of leaving to be recorded. Simply click on the calendar button to the right of this box to reveal a calendar, and select the appropriate date of leaving.

### Example: Record of Staff Member showing Assigned Clients and Date of Leaving

The screenshot shows the Profile™ system interface. On the left, there are logos for 'Profile™', 'sensory magic', and 'care'. The main area is a purple form titled 'Select Staff Member:'. It contains a table with the following data:

Minam	Brown
Fred	Cardale
Lucy	Lockett
Sarah	Wright

Below the table is a green plus button and a checkbox labeled 'Show hidden records'. To the right of the table are input fields for:


- Title: Miss
- First name: Sarah
- Surname: Wright
- Username: SarahW
- Password: (masked with dots)
- Access level: Carer (dropdown menu)
- Date of leaving: 18-Apr-2014 (with a calendar icon)

At the bottom right of the form is a checkbox labeled 'Hide record'. Below the form is a section titled 'Default websites' with two entries:

- www.bbc.co.uk/news
- www.bbc.co.uk/radio2

On the right side of the interface, there is a red 'X' button.

Default websites for News and Radio accessed via the Care™ system can also be altered using this screen. Simply type in the new preferred website addresses.

 Click on the red Cancel button to return to the Profile™ opening screen.

## Adding Service User Information onto Profile™

Add service users / patients onto Profile™ using the client details icon:

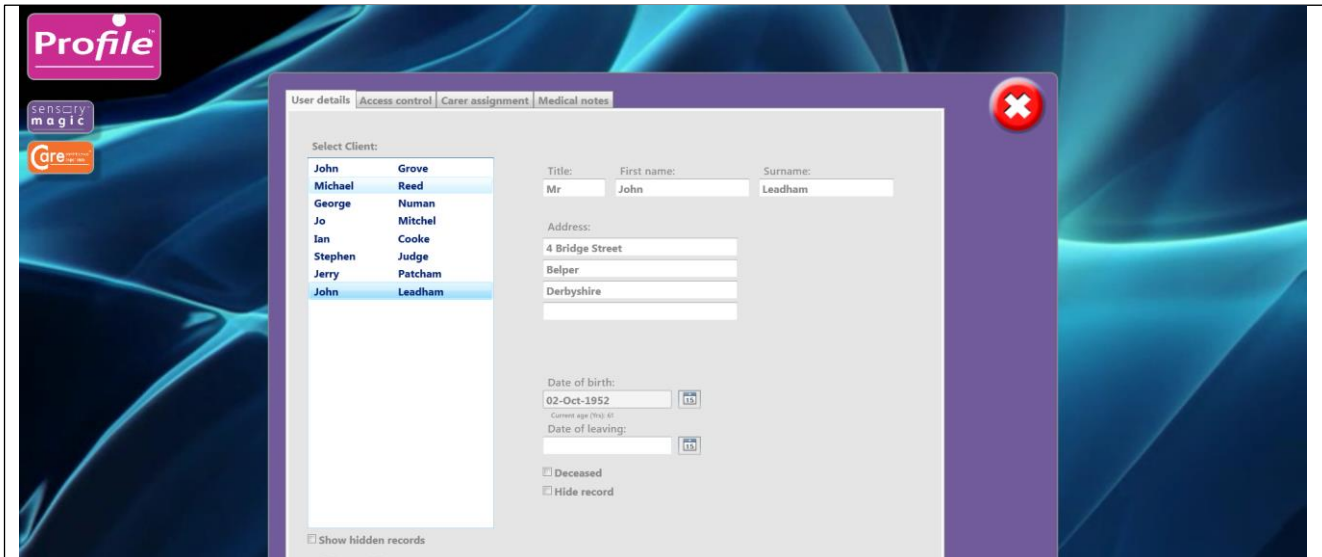
### User details



Click on the green plus (+) button to reveal a new editable record. Enter the client's title (Mr/Mrs/Ms etc.), first name, surname and full address. Select the client's date of birth using the calendar button to the right of the box. Use the calendar to select the correct day and month of birth. As the calendar defaults to the current year, alter the year of birth by clicking on the year at the top of the calendar. The back arrow can then be used to select the correct year of birth.

Patient records can be amended over time, as necessary. A box is given to enable a date of leaving to be recorded. Enter the date of leaving using the calendar provided. A tick box is also provided to indicate when a patient is deceased. Patient details can be hidden from view by selecting the "Hide record" tick box.

### Example: Record of Service User



The screenshot shows the 'Profile™' software interface. The main window is titled 'User details' and has tabs for 'Access control', 'Care assignment', and 'Medical notes'. A red 'X' button is in the top right corner. The form contains the following fields:

- Select Client:** A list of names and surnames: John Grove, Michael Reed, George Numan, Jo Mitchel, Ian Cooke, Stephen Judge, Jerry Patcham, and John Leadham. 'John Leadham' is selected.
- Title:** Mr
- First name:** John
- Surname:** Leadham
- Address:** 4 Bridge Street, Belper, Derbyshire
- Date of birth:** 02-Oct-1952 (with a calendar icon)
- Date of leaving:** (with a calendar icon)
- Deceased
- Hide record
- Show hidden records

## Access control

Click on the access control tab to enter a Username and Password which is to be used by the service user. Usernames and Passwords must be single words (no spaces).

The screenshot displays a web interface for managing user profiles. At the top, there are four tabs: 'User details', 'Access control', 'Carer assignment', and 'Medical notes'. The 'Access control' tab is active. Below the tabs, a text box contains the name 'Mr John Leadham'. Underneath, there are two input fields: 'Username:' with the value 'JohnL' and 'Password:' with six dots. Below these is an 'Access level:' dropdown menu currently set to 'User'. A section titled 'Default websites' contains two entries, each with a small icon and a text box: 'www.sky.com/news' and 'www.bbc.co.uk/radio2'. A red circular button with a white 'X' is located in the top right corner of the interface.

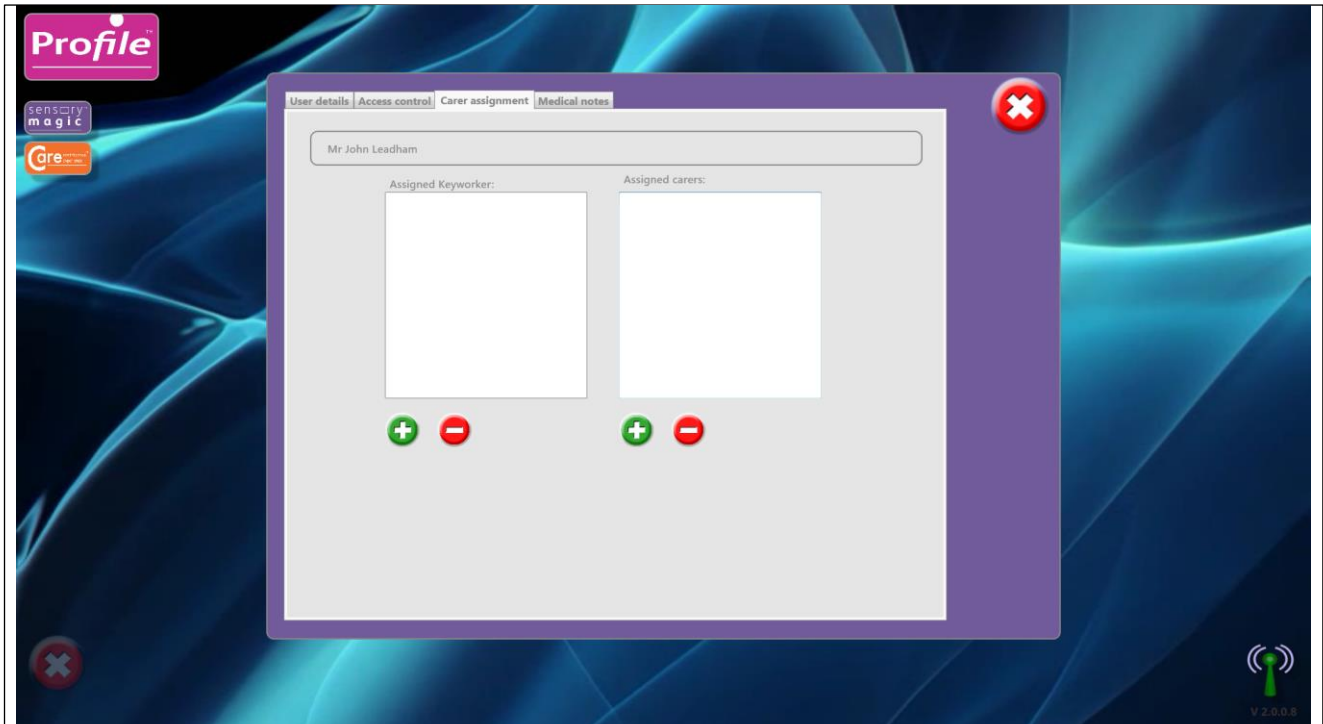
Default websites for News and Radio accessed via the Care™ system can also be altered using this screen. Simply type in the new preferred website addresses.



Click Save to save all details.

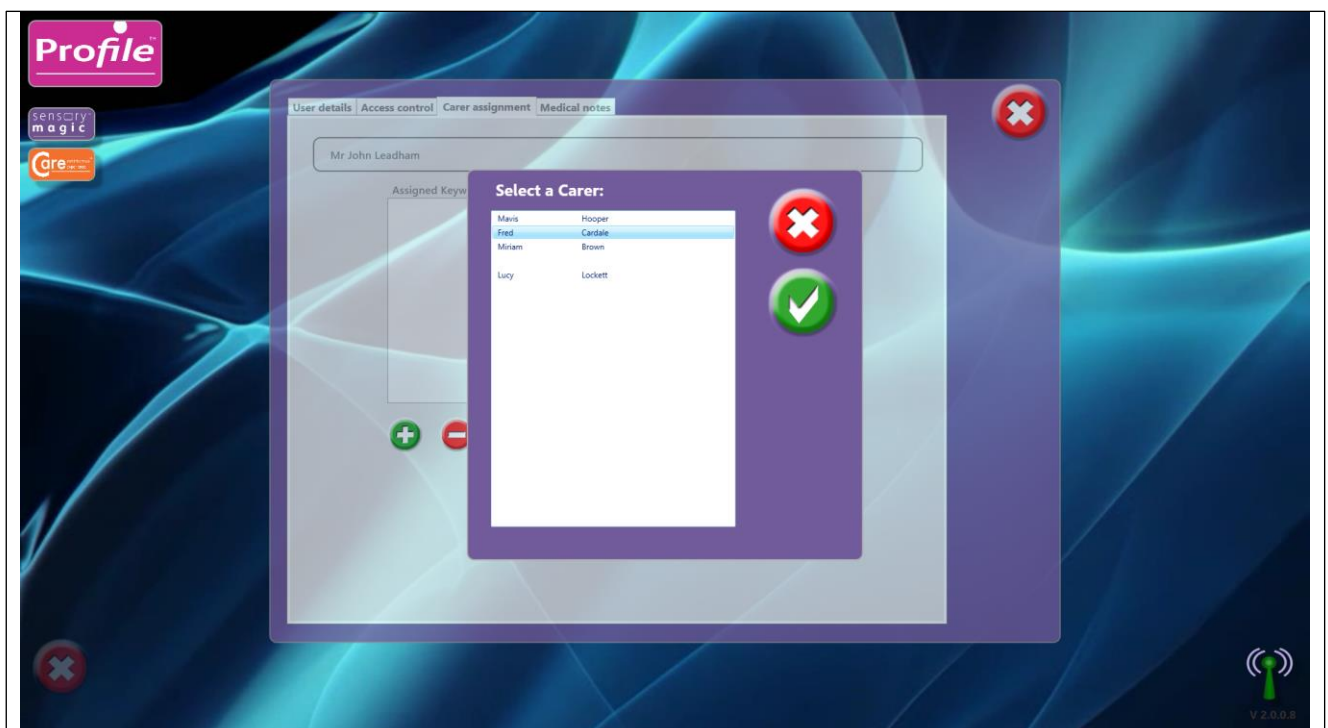
## Carer assignment

Use this tab to assign carers and keyworkers to clients.

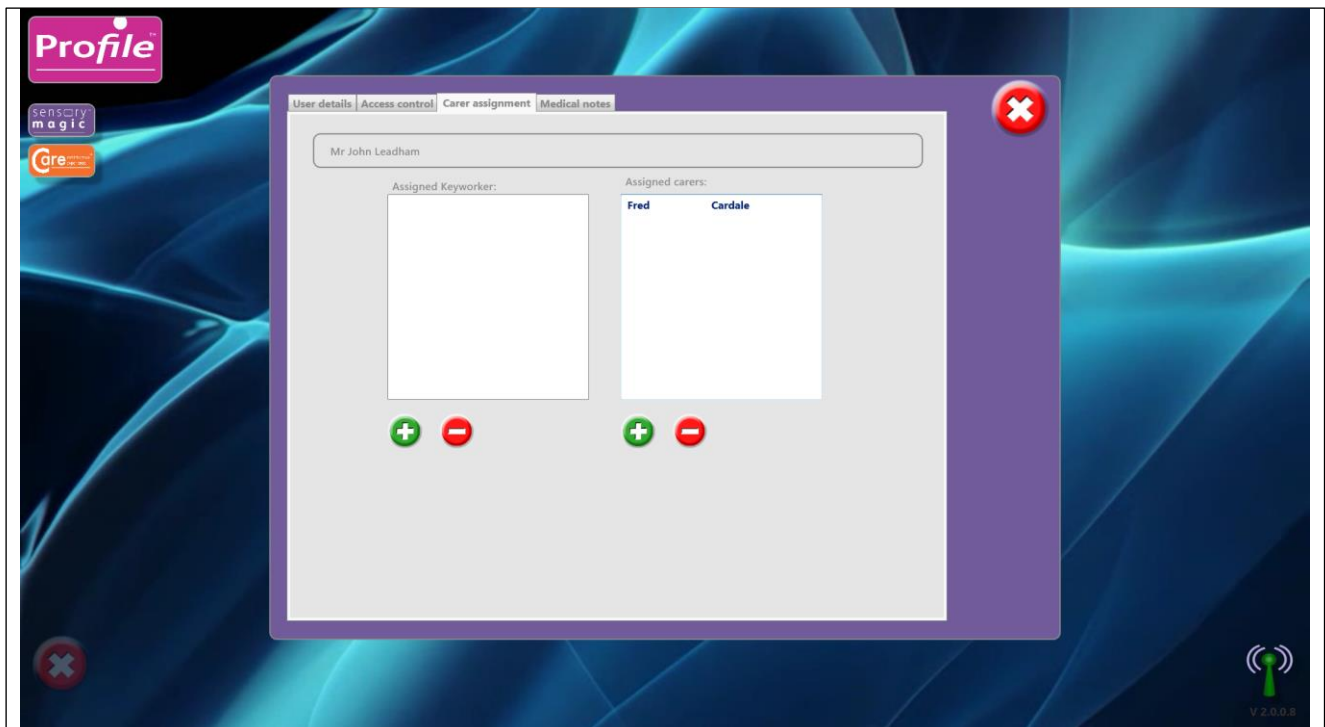


Click on the green plus (+) button to select a carer.

A list of carers will then appear. Click on the carer's name and then click on the green tick (✓) button.




The chosen carer will then be assigned to the client:



To remove a keyworker / carer from a client's support team, select the staff member's name and then click on the red minus (-) button. A pop-up box will then appear asking you if you wish to remove the staff member. Click on the green tick (✓) button to proceed.

### Medical notes

Use this tab to enter the client's NHS Number (UK Hospital Number/Medical Number if non-UK), relevant medical history, and details of all current medication. Medical notes can be amended over time, as all fields are editable.

 Click on the red Cancel button to return to the Profile™ opening screen.

## Screening Tools



A number of screening tools are included with the Profile™ package.

Sensory Magic Profile™ includes ROMPA®'s Sensory Profiling Tool.

As Care reminiscence experience™ has been developed specifically for those individuals experiencing symptoms of dementia, Care Profile™ includes three screening tools relevant to this population: The Geriatric Depression Scale (short form) (GDS-15, Yesavage et al, 1983, 1986), The 6-CIT Six Item Cognitive Impairment Test (dementia screening tool, Kingshill Research Centre, Swindon, UK) and the Rosenberg Self-Esteem Scale (R-SES, Rosenberg, 1989).



### Geriatric Depression Scale - short form (GDS-15)

Select the client with whom the scale will be completed using the “Select client” button at the top right-hand corner of the screen. A list of client names will appear. Select the client’s name and then click on the green tick (✓) button.

Work with the client to ascertain how they have felt over the past week. There are 15 yes/no questions. Click on the answer chosen. The next question will then appear. After all 15 questions have been answered, Profile™ scores the GDS-15 automatically.



GERIATRIC DEPRESSION SCALE (short form)

Choose the answer that best describes how you felt over the past week

Select client  
Jerry Patcham

- Are you basically satisfied with your life?  Yes  No
- Have you dropped many of your activities and interests?  Yes  No
- Do you feel that your life is empty?  Yes  No
- Do you often get bored?  Yes  No
- Are you in good spirits most of the time?  Yes  No
- Are you afraid that something bad is going to happen to you?  Yes  No
- Do you feel happy most of the time?  Yes  No
- Do you often feel helpless?  Yes  No
- Do you prefer to stay at home, rather than going out and doing things?  Yes  No
- Do you feel that you have more problems with memory than most?  Yes  No
- Do you think it is wonderful to be alive now?  Yes  No
- Do you feel worthless the way you are now?  Yes  No
- Do you feel full of energy?  Yes  No
- Do you feel that your situation is hopeless?  Yes  No
- Do you think that most people are better off than you are?  Yes  No

Score: 10 - Suggests mild depression (5-10).

Save result  
Print result

Answers can be altered if necessary. Results of the assessment can be saved onto the computer and / or printed out on an attached printer. Simply select either “Save result” or “Print result” respectively:

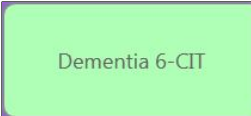
Profile ROMPA

GERIATRIC DEPRESSION SCALE (short form)

Client Name: Jerry Patcham  
NHS No. 984-987-985  
Date Of Birth: 15-Oct-1943  
Time Of Test: Tested: 09/10/2013 13:01:46  
Assessor: Miriam Brown

- Are you basically satisfied with your life? No
- Have you dropped many of your activities and interests? Yes
- Do you feel that your life is empty? No
- Do you often get bored? No
- Are you in good spirits most of the time? No
- Are you afraid that something bad is going to happen to you? No
- Do you feel happy most of the time? No
- Do you often feel helpless? Yes
- Do you prefer to stay at home, rather than going out and doing things? Yes
- Do you feel that you have more problems with memory than most? No
- Do you think it is wonderful to be alive now? No
- Do you feel worthless the way you are now? No
- Do you feel full of energy? No
- Do you feel that your situation is hopeless? Yes
- Do you think that most people are better off than you are? Yes

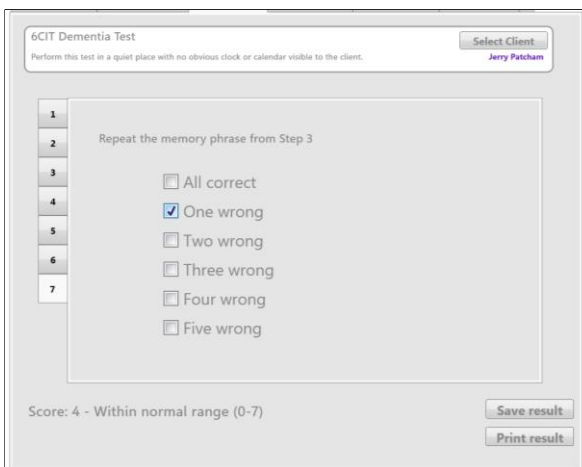
Score: 10 - Suggests mild depression (5-10). Seek medical advice.



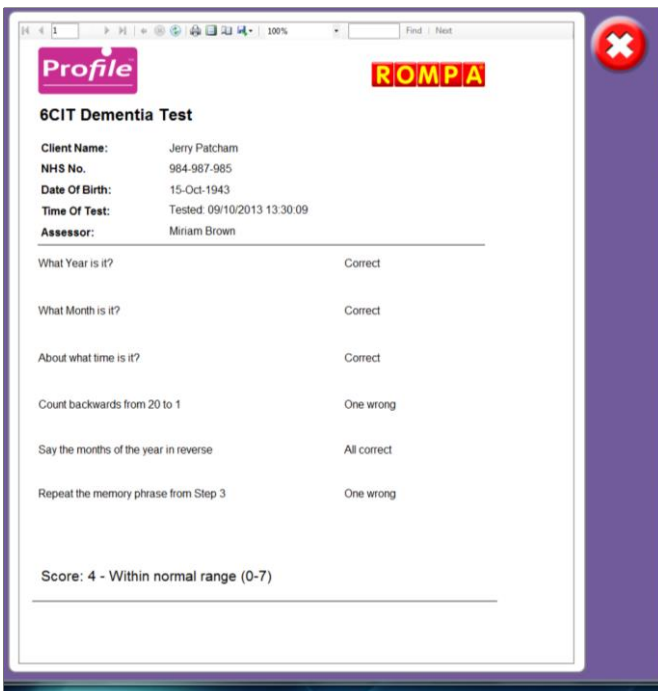
### Six Item Cognitive Impairment Test (6-CIT)

Select the client with whom the test will be completed using the “Select client” button at the top right-hand corner of the screen. A list of client names will appear. Select the client’s name and then click on the green tick (✓) button.

Follow the on-screen instructions. Record the client’s answers by clicking on the relevant tick box. Click on the >> button to proceed to the next part of the test. The test is divided into 7 sections (6 items, with a repeat item assessing memory capability). After all 7 sections have been completed, Profile™ scores the 6-CIT automatically:



Answers can be altered if necessary. Results of the assessment can be saved onto the computer and / or printed out on an attached printer. Simply select either “Save result” or “Print result” respectively:



Self Esteem R-SES

### Rosenberg Self-Esteem Scale (R-SES)

Select the client with whom the scale will be completed using the “Select client” button at the top right-hand corner of the screen. A list of client names will appear. Select the client’s name and then click on the green tick (✓) button.

Work with the client to ascertain to what degree he/she agrees with the 10 statements listed. Statements assess a client’s general feelings about themselves. Ask the client to choose between Strongly agree, Agree, Disagree and Strongly disagree. Click on the answer chosen. The next statement will then appear. After all 10 statements have been responded to, Profile™ scores the R-SES automatically:

Rosenberg Self-Esteem Scale (R-SES)

Below is a list of statements dealing with your general feelings about yourself

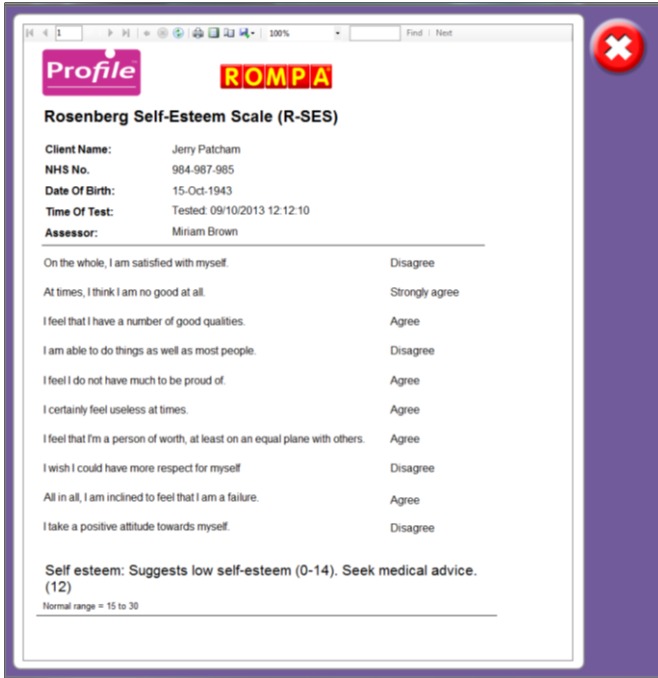
John Leadham

	Strongly agree	Agree	Disagree	Strongly disagree
On the whole, I am satisfied with myself.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
At times, I think I am no good at all.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that I have a number of good qualities.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
I am able to do things as well as most people.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
I feel I do not have much to be proud of.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
I certainly feel useless at times.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that I'm a person of worth, at least on an equal plane with others.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
I wish I could have more respect for myself	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
All in all, I am inclined to feel that I am a failure.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
I take a positive attitude towards myself.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

Self esteem: Suggests low self-esteem (0-14). Seek medical advice. (11)

Normal range = 15 to 30

Answers can be altered if necessary. Results of the assessment can be saved onto the computer and / or printed out on an attached printer. Simply select either “Save result” or “Print result” respectively:



**Profile** **ROMPA**

**Rosenberg Self-Esteem Scale (R-SES)**

**Client Name:** Jerry Patcham  
**NHS No.:** 984-987-985  
**Date Of Birth:** 15-Oct-1943  
**Time Of Test:** Tested: 09/10/2013 12:12:10  
**Assessor:** Miniam Brown

On the whole, I am satisfied with myself.	Disagree
At times, I think I am no good at all.	Strongly agree
I feel that I have a number of good qualities.	Agree
I am able to do things as well as most people.	Disagree
I feel I do not have much to be proud of.	Agree
I certainly feel useless at times.	Agree
I feel that I'm a person of worth, at least on an equal plane with others.	Agree
I wish I could have more respect for myself	Disagree
All in all, I am inclined to feel that I am a failure.	Agree
I take a positive attitude towards myself.	Disagree

**Self esteem: Suggests low self-esteem (0-14). Seek medical advice.**  
**(12)**  
 Normal range = 15 to 30

Sensory Profiling Tool

### ROMPA® Sensory Profiling Tool

Select the client with whom the profiling tool will be completed using the “Select client” button at the top right-hand corner of the screen. A list of client names will appear. Select the client’s name and then click on the green tick (✓) button.

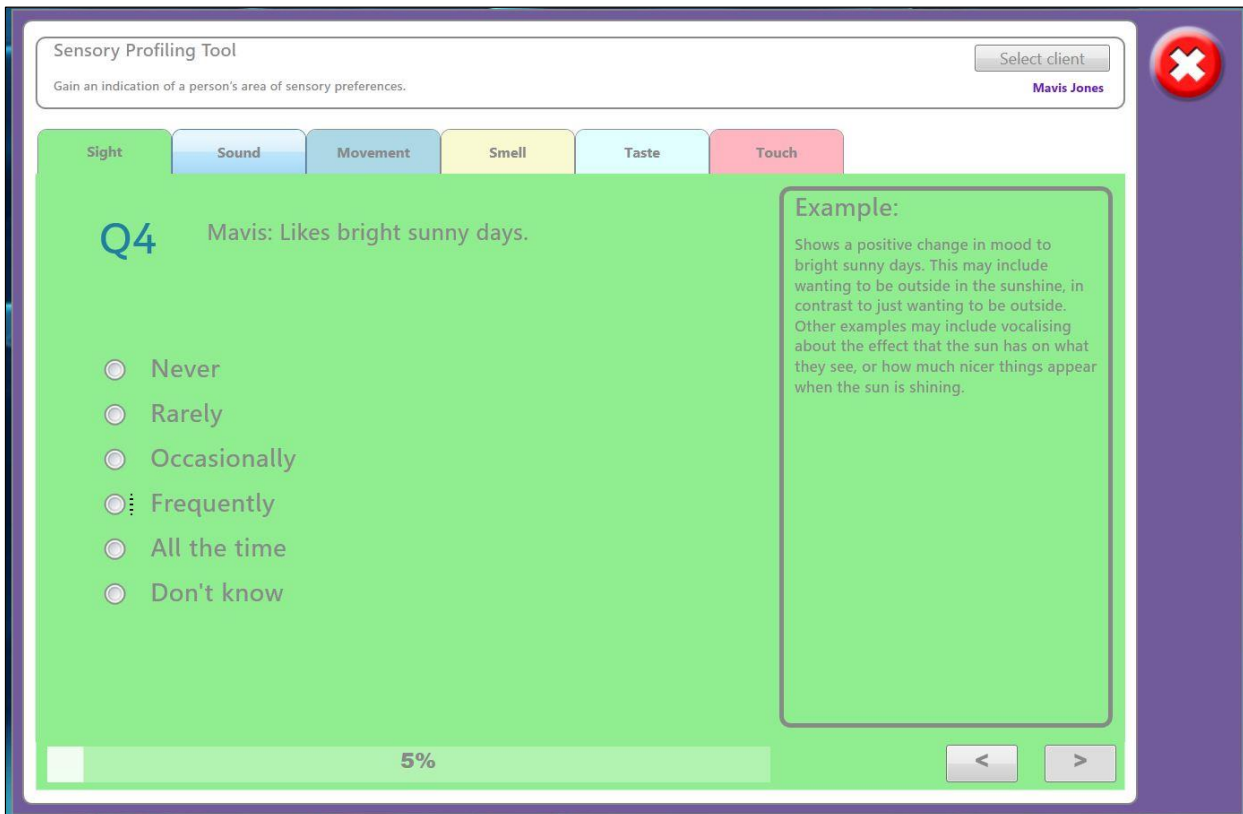
Work with the client and / or the client’s family / support team to ascertain to which degree each statement applies. Statements assess various aspects of sensory sensitivities and preferences. Sight, sound, movement, smell, taste and touch are all considered.

The ROMPA® Sensory Profiling Tool starts automatically with the sense of sight, however, the six sensory areas can be completed in any order.

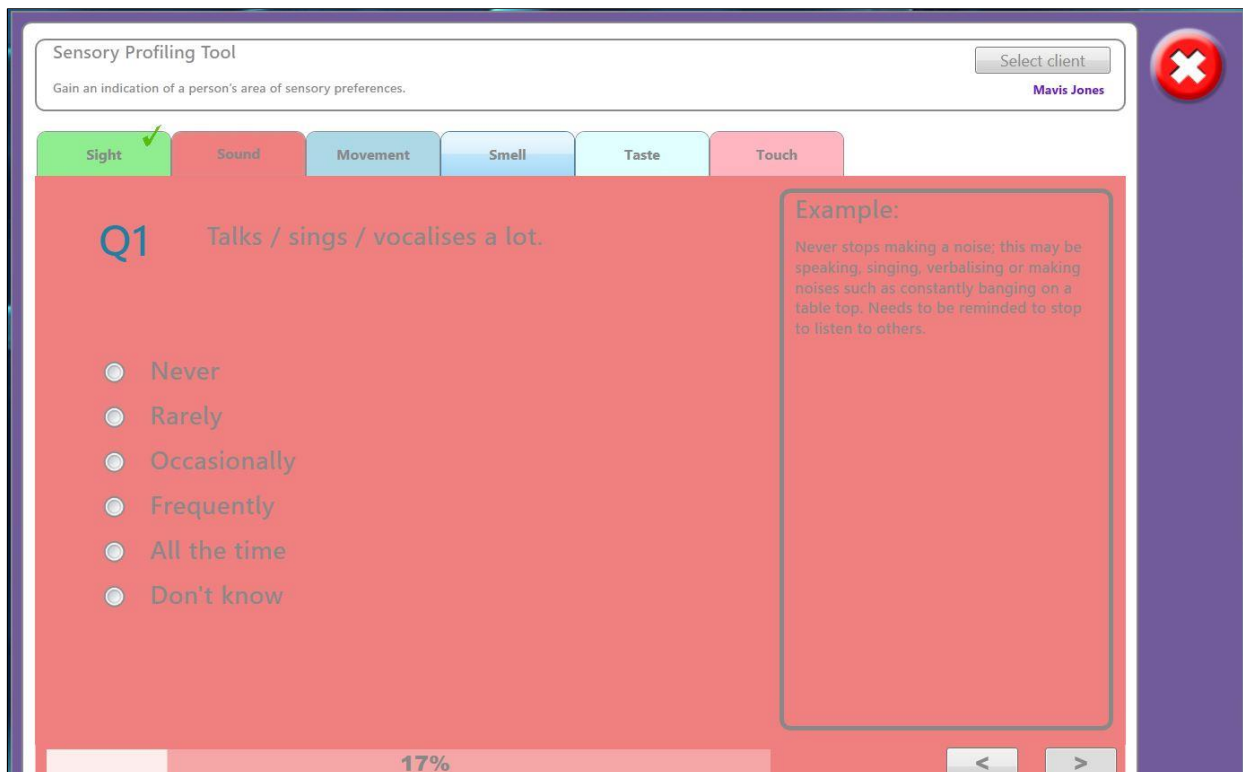
Respond to each statement by selecting one of the six answers given: Never, Rarely, Occasionally, Frequently, All the time or Don’t know.

Examples of each statement are given in a box on the right-hand side of the screen.

Click on the answer chosen. The next statement will then appear. Forward and backward < > arrows allow an answer to be altered if necessary.



Once all questions in a sensory area have been completed, ROMPA® Sensory Profiling Tool will move onto the next sensory area. A green tick ✓ on the tab indicates that all statements in a sensory area have been responded to. A % progress bar also indicates how much of the assessment has been completed:



After all six sections have been completed, ROMPA® Sensory Profiling Tool records the results automatically. A “Results” tab appears, along with a bar chart summarising the answers given:

The screenshot shows the 'Results' tab of the Sensory Profiling Tool. At the top, there are tabs for Sight, Sound, Movement, Smell, Taste, Touch, and Results. A bar chart on the left shows the frequency of observed responses for each sensory area. On the right, a table provides notes and follow-up requirements for each area. At the bottom, there are buttons for 'Save result?' and 'Generate report'.

Sensory area	Notes	Follow up requirements
Sight	Mavis responds well to visual sensory stimulation, especially bright colours	Try Mavis in the Sensory Magic room with colourful themes, perhaps "Colours" theme
Sound	Mavis does not vocalise often and does not respond to sound very much.	Check with GP to see if a hearing test is due? Check when ears were last syringed?
Movement	Mavis is quite sedentary	Assess BMI, ?weight gain recently - look into general activity levels and exercise - GP gym referral?
Smell	Results suggest Mavis responds especially to sense of smell	Introduce Mavis to the sensory pots and new Aroma Panel
Taste	Strong sense of taste	Introduce Mavis to the cooking club.
Touch	Results suggest Mavis dislikes others' touch	Refer to Occupational Therapist for further assessment.

Observations made during the assessment process can be noted down in the “Notes” column. A second column is given to record suggested follow-up action.

Results of the assessment can be saved onto the computer and / or printed out on an attached printer. Simply select either “Save result?” or “Generate report” respectively:

The first screenshot shows the 'Sensory Profile Tool Assessment Report' for client Mavis Jones. It includes client details, the time of test, and a bar chart of results. The second screenshot shows the 'Summary Sheet' with a table of results and a signature line.

Sensory area	Raw Score	Notes	Follow up requirements
Sight	45	Mavis responds well to visual sensory stimulation, especially bright colours	Try Mavis in the Sensory Magic room with colourful themes, perhaps "Colours" theme
Sound	22	Mavis does not vocalise often and does not respond to sound very much.	Check with GP to see if a hearing test is due? Check when ears were last syringed?
Movement	23	Mavis is quite sedentary	Assess BMI, ?weight gain recently - look into general activity levels and exercise - GP gym referral?
Smell	39	Results suggest Mavis responds especially to sense of smell	Introduce Mavis to the sensory pots and new Aroma Panel
Taste	33	Strong sense of taste	Introduce Mavis to the cooking club.
Touch	25	Results suggest Mavis dislikes others' touch	Refer to Occupational Therapist for further assessment.



### Initial Assessment

Complete a professional initial assessment report using the Initial Assessment button.

Select the client’s name using the “Select client” button at the top right-hand corner of the screen. A list of client names will appear. Select the client’s name and then click on the green tick (✓) button.

Two editable text boxes will then appear. Use these to record details of the client’s current activity programme and current CARE™ action plan:

CARE Profile - Initial Assessment

Please enter details below

Select client

Jerry Patcham

Current Activity Programme:

Jerry has been rather withdrawn since early August 2013 after his beloved pet dog Patch died. He has preferred to keep himself to himself and tends not to take part in the home’s activities. He likes to read the newspaper and watch motor racing and snooker on television. He used to like more social activities such as karaoke and bingo. He takes part in the weekly woodland walk.

CARE Action Plan:

1. Visit GP with Jerry to discuss low mood. GDS-15 score suggests mild depression. Discuss self-esteem score.
2. Work with Jerry on CARE on a 1-1 basis with Keyworker/preferred carer (Jane). Try playing the CARE bingo game. Show Jerry how to play against the computer.
3. Introduce Jerry to the CARE singalong activity.
4. Continue to encourage social interaction and his attendance at the weekly woodland walks.
5. Allow Jerry some alone time too to give him space to grieve.

Generate report

Click on the green “Generate report” button to view and print an Initial Assessment Report:

**Profile** **ROMPA**

**CARE Profile - Initial Assessment**

**Client Name:** Jerry Patcham  
**NHS No.** 984-987-985  
**Date Of Birth:** 15-Oct-1943  
**Time Of Test:** Tested: 09/10/2013 14:21:03  
**Assessor:** Miriam Brown

**Relevant Medical History:**  
 Operation on right knee - Jan 2003. Successful, no lasting pain. Generally of good health, eats well. Sleep - worse recently. Some disturbed nights since October - early waking.

**Current Medication:**  
 None.

1 / 2

**Initial Assessment Results**

**Screening Tools:**  
 Please note that screening tools record an individual's responses at one point in time. Results are not intended as a diagnosis. The results may assist with further work with this individual.

Measure	Result	Interpretation
Self Esteem R-SES	12	Self esteem. Suggests low self-esteem (0-14). Seek medical advice.
Depression GDS-15	10	Suggests mild depression (5-10). Seek medical advice.
Dementia 6-CIT	4	Within normal range (0-7)

**Current Activity Programme:**  
 Jerry has been rather withdrawn since early August 2013 after his beloved pet dog Patch died. He has preferred to keep himself to himself and tends not to take part in the home's activities. He likes to read the newspaper and watch motor racing and snooker on television. He used to like more social activities such as karaoke and bingo. He takes part in the weekly woodland walk.

**CARE Action Plan:**

1. Visit GP with Jerry to discuss low mood. GDS-15 score suggests mild depression. Discuss self-esteem score.
2. Work with Jerry on CARE on a 1-1 basis with Keyworker/preferred carer (Jane). Try playing the CARE bingo game. Show Jerry how to play against the computer.
3. Introduce Jerry to the CARE singalong activity.
4. Continue to encourage social interaction and his attendance at the weekly woodland walks.
5. Allow Jerry some alone time too to give him space to grieve.

Signed: \_\_\_\_\_  
 Name (Printed): \_\_\_\_\_

2 / 2

The Initial Assessment Report documents the user details, medical notes, current activity programme, CARE™ action plan, and also includes a table of all screening test results.





## Activity Summary

Check on the activity or inactivity of individual clients using the Activity Summary button.

Select the client's name using the "Select client" button at the top right-hand corner of the screen. A list of client names will appear. Select the client's name and then click on the green tick (✓) button.

Two editable text boxes will then appear. Use these to record details of the client's current activity programme and current CARE™ action plan. All previously entered information will have been automatically saved and will be visible.

Use the two calendar buttons to select the period of time that you are interested in: Select a "from" and "to" date.

Click on the green "Generate report" button to view and print an Activity Summary Report:

The screenshot shows a web browser displaying the 'CARE Profile - Activity Summary' for Mrs Edna Whickett. The report is divided into several sections:

- Client Information:** Client Name: Edna Whickett, NHS No. 123-456-798, Date Of Birth: 04-Jun-1925, Time Of Test: 10/10/2013 12:25:47, Assessor: Miriam Brown.
- Relevant Medical History:** Mrs Whickett came to Park Lane Care Home in March 2013. She is bed-ridden and requires full-time nursing care. Mrs Whickett is also asthmatic and this is particularly a problem over the winter months.
- Current Medication:** Asthma preventer and reliever. Under review with Dr Patel.
- Current Activity Programme:** Mrs Whickett came to Park Lane Care Home in March 2013. She is bed-ridden and requires full-time nursing care. Staff introduced her to the CARE system in April 2013, however she said that she was "not interested in new-fangled technology". As Mrs Whickett cannot access the activities on offer in the Day Room, staff have persisted. She now enjoys using the CARE system to view her photo album and to play the Puzzle game. General activity levels remain low and need monitoring.
- Activity Summary:** From 01/06/2013 To 01/07/2013. A pie chart shows the distribution of time spent on various activities: Photos (3Min), Puzzle (1Min), and other activities with 0 minutes spent.
- CARE Action Plan:**
  - Staff to spend 1-1 time with Mrs Whickett on CARE, reintroducing her to all activities.
  - Show Mrs Whickett how to select family photos as the subject of her Puzzle game. She tends to select the first image given and this may lead to boredom in the longer term.
  - Staff to spend time daily with Mrs Whickett viewing and discussing her album photos.
  - Update album with recent family photos - Keyworker to speak to family about this.
  - Relatives have mentioned that Mrs Whickett used to sing in amateur plays in her

The Activity Summary Report documents the user details, medical notes, current activity programme, CARE™ action plan, and also summarises the client's use of CARE™.

Patient Progress

## Patient Progress

Check on a client's progress over time using the Patient Progress button.

Select the client's name using the "Select client" button at the top right-hand corner of the screen. A list of client names will appear. Select the client's name and then click on the green tick (✓) button.

Use the two calendars at the top of the screen to select the pre- post- comparison dates. The results of any screening tests undertaken will automatically be displayed.

The Current Activity Programme and CARE Action Plan sections can be edited to reflect any changes or improvements seen. Notes regarding the screening tool results can be recorded in the boxes provided on the right-hand side of the screen:

Care Profile - Patient Progress

Please enter the details below

Select client

Gladys Pippis

Label: 13/10/2014

Label: 13/11/2014

**Current Activity Programme:**

Staff were concerned that Gladys had become rather withdrawn recently. She spent increasing amounts of time alone in her room and no longer interacted with other residents. She said that their laughter reminded her of her own sadness, and found it very difficult to tolerate being with others who are happy. Gladys enjoys watching TV, particularly game shows. She enjoys the challenge of trying to answer the questions before the contestants do. She used to enjoy the Home's Wednesday Bingo Night, but has not attended this for the past few months.

**SES Progress:**

Test Date	Result	Interpretation
13 Oct 2014	14	Self esteem: Suggests low self-esteem (0-14). Seek medical advice.
13 Nov 2014	17	Self esteem: Within normal range (15-30)

**Notes:**

Self-esteem ratings have improved. Gladys puts this down to her renewed sense of freedom now that she is familiar with how to use the CARE system. She enjoys the Bingo game and photo album (wildlife photos especially).

**CARE Action Plan:**

- GDS-15 scores suggest depression has improved. Visited Dr Jones, GP, medication reviewed (unchanged). Another review planned in 4 weeks.
- R-SES scores also improving - promising. Staff to continue to monitor this.
- Sarah has spent time with Gladys 1-1 on CARE system. Introduced her to all activities available on that system. Sarah felt that Gladys may enjoy the challenge of the Jigsaw Puzzle game and Bingo. - Likes Bingo and Photos.
- Staff to continue to encourage Gladys to try out a wheelchair so that she can take part in excursions. Sarah to act as lead on this. - ongoing - no progress.
- Allow Gladys some alone time too to give her space to grieve. -mood improved, activity levels up, good progress

**GDS Progress:**

Test Date	Result	Interpretation
13 Oct 2014	10	Suggests mild depression (5-10). Seek medical advice.
13 Nov 2014	3	Within normal range (0-4)

**Notes:**

Pre-post GDS-15 scores show improvement in Gladys' mood, helped by antidepressant medication and increased activity. Medication review in 4 weeks.

**CIT Progress:**

Test Date	Result	Interpretation
13 Oct 2014	0	Within normal range (0-7)
13 Nov 2014	0	Within normal range (0-7)

**Notes:**

No concerns.

Generate report

Save result

Data can be saved for future reference by clicking on the "Save result" button.

Click on the green "Generate report" button to access a printable report:

**Profile ROMPA**

## CARE Profile - Activity Summary

**Client Name:** Gladys Pippis  
**NHS No.:** 233-678-4532  
**Date Of Birth:** 12-Feb-1940  
**Time Of Test:** Tested: 13/11/2014 14:18:57  
**Assessor:** Miriam Brown

---

**Relevant Medical History:**

Mrs Pippis came to Treetops Care Home last year after struggling to manage in her own home. Her husband Richard died in November 2012 of bowel cancer. Mrs Pippis had been his main carer until the later stages. She is now very frail herself and requires nursing care due to difficulties with mobility. She had her left hip replaced approximately ten years ago and whilst still able to walk, movement is now restricted and more painful. Staff have been concerned recently that Gladys does not seem her "usual self", is more withdrawn and solitary. She is understandably still grieving the loss of Richard. Dr Jones, GP, has visited and prescribed anti-depressant medication. Staff have been asked to monitor the situation. GP review due in one month.

**Current Medication:**

Seroxat - 20mgs daily (Dr Jones, GP)  
 Paracetamol for hip pain when required - light usage

1 / 3

CARE Profile - Activity Summary  
 Mrs Gladys Pippis NHS No. 233-678-4532 11/13/2014 2:09:33 PM

**Current Activity Programme:**

Staff were concerned that Gladys had become rather withdrawn recently. She spent increasing amounts of time alone in her room and no longer interacted with other residents. She said that their laughter reminded her of her own sadness, and found it very difficult to tolerate being with others who are happy. Gladys enjoys watching TV, particularly game shows. She enjoys the challenge of trying to answer the questions before the contestants do. She used to enjoy the Home's Wednesday Bingo Night, but has not attended this for the past few months. Gladys enjoys reading books, especially those relating to wildlife. She says that she very much misses the long walks in the countryside that she used to take with her husband Richard. Her mobility issues now prevent her from walking far and she is very reluctant to use a wheelchair. Staff have tried to encourage her to participate in planned excursions, but Gladys refuses to use a wheelchair and so stays behind. Staff are keen for her not to miss out. Gladys confides in her main carer, Sarah, and enjoys chatting with her. Eating - ok, no concerns. Sleeping - ok, some over-sleeping.

**Activity Summary:**

From 13/10/2014 To 13/11/2014

Activity	Time Spent
Bingo	37Min
Puzzle	1Min
Sudoku	0
Paint	0
Time&Place	0
Skype	0
News	0
Radio	0
Themes	0
Photos	0
Music	0
Video	0
Sing along	0

Most time spent on: Bingo(37Min)  
 Least time spent on: Puzzle(1Min)  
 No time spent on: Sudoku Paint Time&Place Skype News Radio Themes Music Video Sing along

**Initial Assessment vs. Follow Up Results (Comparison)**

Most time spent on: Bingo(37Min)  
 Least time spent on: Puzzle(1Min)  
 No time spent on: Sudoku Paint Time&Place Skype News Radio Themes Music Video Sing along

**Initial Assessment vs. Follow Up Results (Comparison)**

**Screening Tools:**

Please note that screening tools record an individual's responses at one point in time. Results are not intended as a diagnosis. The results may assist with further work with this individual.

Measure	Test Date	Result	Interpretation
Self Esteem R-SES	13 Oct 2014	14	Self esteem: Suggests low self-esteem (0-14). Seek medical advice.
Self Esteem R-SES	13 Nov 2014	17	Self esteem: Within normal range (15-30)
Depression GDS-15	13 Oct 2014	10	Suggests mild depression (5-10). Seek medical advice.
Depression GDS-15	13 Nov 2014	3	Within normal range (0-4)
Dementia 6-CIT	13 Oct 2014	0	Within normal range (0-7)
Dementia 6-CIT	13 Nov 2014	0	Within normal range (0-7)

Self-esteem ratings have improved. Gladys puts this down to her renewed sense of freedom now that she is familiar with how to use the CARE system. She enjoys the Bingo game and photo album (wildlife photos especially).

2 / 3

CARE Profile - Activity Summary  
 Mrs Gladys Pippis NHS No. 233-678-4532 11/13/2014 2:09:33 PM

Pre-post GDS-15 scores show improvement in Gladys' mood, helped by antidepressant medication and increased activity. Medication review in 4 weeks.

No concerns.

**CARE Action Plan:**


1. GDS-15 scores suggest depression has improved. Visited Dr Jones, GP, medication reviewed (unchanged). Another review planned in 4 weeks.



### Information

Further background information about the GDS-15, 6-CIT and R-SES screening tools can be found by clicking on the information button. A brief reference list is also provided for each screening tool.

A concise online tutorial for the ROMPA® Sensory Profiling Tool can also be found here.

 Click on the red Cancel button to return to the Profile™ opening screen.

## Reports



Click on the Reports button to access summary data automatically stored by Profile™. Client and staff lists and activity are all recorded. Saved copies of the ROMPA® Sensory Profiling Tool assessment results can also be found here.



**Client Details Report** 13 October 2014  
12:46

Title	Firstname	Surname	Date of Birth	NHS Number	Access Level
Mr	John	Leadham	02-Oct-1952	123-456-7981	1
Mrs	Mavis	Jones	06-Jul-1939	333-222-1234	1
Mrs	Gladys	Pipps	12-Feb-1940	233-678-4532	1
Mr	Ahmed	Hussain	14-Mar-1941	555-163-7845	1



Client List

Staff List

Client Activities

Staff Activities

13 October 2014  
12:47

### Staff Details Report

Title	Firstname	Surname	Access Level
Mrs	Miriam	Brown	3
Mr	Fred	Cardale	2
Miss	Lucy	Lockett	2
Miss	Sarah	Wright	2



Client List

Staff List

Client Activities

Staff Activities

Sensory Profile Tool

13 October 2014  
12:48

### Activity Report For: Gladys Pippis

Activity	Action	Date	Time	Media/Place	Difficulty
Photos	Started	13/10/2014	12:20:23	0	0
Photos	Ended	13/10/2014	12:25:13	0	0
Photos	Started	13/10/2014	12:25:14	0	0
Photos	Photo selected	13/10/2014	12:26:52	0-Horse	0
Photos	Photo selected	13/10/2014	12:27:47	0-Horse	0
Photos	Photo selected	13/10/2014	12:28:12	Pheasant	0
Photos	Photo selected	13/10/2014	12:28:16	Canadian Goose	0
Photos	Photo selected	13/10/2014	12:28:18	Hedgehog	0
Photos	Photo selected	13/10/2014	12:28:21	Canadian Goose	0
Photos	Photo selected	13/10/2014	12:28:25	0-Horse	0
Photos	Photo selected	13/10/2014	12:28:27	Amazon	0
Photos	Photo selected	13/10/2014	12:28:30	Badger	0
Photos	Photo selected	13/10/2014	12:28:32	Golden Eagle	0
Photos	Photo selected	13/10/2014	12:30:06	Hedgehog	0
Photos	Ended	13/10/2014	12:30:08	0	0
Admin	Logout	13/10/2014	12:30:14	0	0
Puzzle	Started	13/10/2014	12:30:45	0	0
Puzzle	Puzzle selected	13/10/2014	12:30:51	0-Horse	1
Puzzle	Puzzle completed	13/10/2014	12:31:26	0	1
Puzzle	Ended	13/10/2014	12:31:35	0	0



Staff activity can also be viewed and monitored.



A list of client names will appear. Select the client's name and then click on the green tick (✓) button.

Select the required report date from the list of dates in the left column:

**Client List**

**Staff List**

**Client Activities**

**Staff Activities**

**Sensory Profile Tool**

25/03/2014  
25/03/2014  
28/03/2014  
31/03/2014  
31/03/2014  
**31/03/2014**  
02/04/2014  
02/04/2014  
04/04/2014  
02/07/2014

**Profile ROMPA**

**Sensory Profile Tool Assessment Report**

**Client Name:** John Leadham  
**NHS No.** 123-456-7981  
**Date Of Birth:** 02-Oct-1952  
**Time Of Test:** 31/03/2014 16:00:44  
**Assessor:** Sarah Wright

**Assessment Results**

Please note that this is a profiling tool which records an individual's responses to sensory preferences at one point in time. The results may assist with further work with this individual

**Sensory Profile Tool**

Sensory Category	Frequency of observed responses
Sight	10
Sound	20
Movement	30
Smell	40
Taste	50
Touch	0

✘ Click on the red Cancel button to return to the Profile™ opening screen.



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