



1. Product Name

Ball Stand

2. Product Code

29150

3. Colour

Black

4. Brief Description

A lightweight, portable base used to stabilize exercise balls.

5. Contents

1 x Ball Stand

Please note: Ball to be purchased separately

6. Snoezelen® Stimulations

- Vestibular
- Proprioception

7. Best Use

- Use with balls 45 – 75cm approximately
- Use on a flat, stable surface.
- Use appropriate matting.
- Avoid stairs and sharp/pointed objects.

8. Compatible ROMPA® Products

- 14571 Multi Purpose Ball 42cm
- 14572 Multi Purpose Ball 53cm
- 14573 Multi Purpose Ball 65cm

9. Starting Up

Ensure your exercise ball is inflated to the correct level (see installation instructions and specifications). Wait 24 hours before use. Put your exercise ball onto the ball base.

10. Detailed Description

Ideal for keeping therapy balls in constant contact with the floor and in a solid, stable position. Also for clients who need more stability while working on therapy balls.

11. Safety

- Always supervise the use of this product.
- Use in an appropriate location.
- Ensure that if exercise bands are being used that they are threaded through the two grooves provided at the very bottom of the stand, or that these are knotted very securely through the holes provided on opposite sides. Exercise bands are not included.

12. Technical Specification

- Size: approximately 50cm diameter

13. Installation

Please follow instructions for ball inflation and use:

- Inflate balls with care.
- Do not inflate the ball over the maximum prescribed diameter
- Always inflate the ball gradually and slowly, especially when approaching the maximum diameter.
- Remember, balls perform best and last longer when inflated to 90% of their maximum diameter.
- Do not inflate the ball when cold: allow the ball to reach room temperature of about 20°C before inflating.
- Wait about 24 hours after initial inflation before using the ball
- Although balls can be extremely strong, if the surface is cut, punctured or damaged, its integrity can be lost and the ball can burst instantly.
- Inspect your ball each time you use it. If your ball has a cut, small puncture, deep scratch or melted spot. Repair the ball with appropriate care where possible.
- Do not use near stairs.
- Do not store or use in presence of sharp/pointed objects; sources of heat or flame.
- Remove shoes with hard soles, buckles etc – use barefoot or wearing socks.
- Do not damage the surface of the ball.

Please note:

The ball may be difficult to inflate when it is almost full size. This is normal and does not indicate that the ball has a fault. If desired/necessary, use an alternative, more powerful pump for the last stages of inflation.

14. Care and Maintenance

- Wipe clean with a clean, soft, slightly damp cloth using soap and water or disinfectant.
- Dry before use.
- Check base for signs of wear and tear and replace when necessary.

15. Troubleshooting

- Make sure that if used with exercise bands (not included) these are fastened correctly and threaded properly.
- Inspect the base to see if there are any noticeable stress points or damage.
- Look at the ball to see if there is a puncture/tear if it does not inflate or deflates easily.

Further copies of these instructions can be downloaded at www.rompa.com

We hope you find our instructions invaluable. If you have any suggestions for improving them further your comments will be greatly received – please contact us at producthelp@rompa.com