



1. Product Name

Newborns

2. Product Code

20330 - Lilly, Girl
20331 - Elias, Boy

3. Colour

As shown

4. Brief Description

Soft, adorable and a delight to cuddle. Realistic size and 'feel'.

5. Contents

- 1 x Baby with a baby grow and hat

6. Snoezelen® Stimulations

- Sight
- Touch

7. Best Use

These newborns can be enjoyed by children and by adults with learning difficulties for recreational play, imaginative play and for role-play. These newborns can have particular value for older adults with Dementia, as these are comforting and can provide a sense of purpose, role, identity and usefulness. In an era when many women have a profession, we should not forget that for many older ladies, their career was that of mother, housewife and homemaker. Furthermore, for someone who is looked after the majority of the time, it can be alerting, stimulating and empowering to experience role-reversal, and become the care-giver. These newborns can also help awaken memories of parenthood and happy family moments, as well as providing a sense of attachment. These newborns can have real symbolic significance, and because of their realistic attention to detail, they should not be regarded simply as dolls or toys.

Suggestions for introducing Lilly and Elias to an older person with Dementia

- When the older person is sat comfortably, sit in a chair alongside the person, whilst holding the newborn. Gradually introduce the older person to the newborn, giving the infant a name. Talk about the baby's pretty eyes, beautiful hair, face, cute nose and so on, just as you might comment on the features you like of a real baby. After a little while, invite the older person to hold the baby. Take your time, and watch the responses of the older person so as not to rush them into holding the baby. Make sure it is their choice to hold the baby – it may not be the same time that you show the baby for the first time, so be patient.
- Always maintain the illusion that the newborn is real. It can cause distress to the older person you are caring for – and others – if you later discard the baby amongst other resources or forgetfully carry the baby by its feet.
- Choose your time carefully and be conscious of other people around you. Be wary that others may realise the baby is not real and could make negative comments which may undermine your efforts.
- Involve the family and friends of the older person. Make sure they understand the value of the newborn, and that they realise that you are seeking to provide comfort. Explain that use of the newborns is not condescending or patronising – it is intended to stimulate pleasant memories and provide a sense of purpose. Once the family is on board with your intentions, invite them to provide information that gives valuable insight about the person you are looking after. For example, if an older lady has had sons, Elias could be better received than Lilly. Perhaps the person has particularly strong memories of a certain activity with the baby, e.g. walking with the baby in a pram, or of a particular gesture a baby made.
- Be prepared to expand on the use of the newborns if the person you are caring for finds them particularly comforting. Provide a crib, pram or blankets if the person wants the baby to sleep in their room. Purchase additional clothes for the newborn if the person particularly likes to dress the baby. Seat the baby next to the person at mealtimes if this is reassuring.
- Make the baby seem as realistic as possible, by using the Heart to provide gentle vibrations (a rhythm of approximately 60 beats a minute) and subtle sounds. Many of us associate a particular smell with babies – consider washing the clothes in baby shampoo or baby body wash to replicate the aroma of a real baby. If a particular

aroma (e.g. lavender) is particularly soothing for an individual, place a few drops of essential oil (available from ROMPA®) onto a ball of cotton wool and place this inside the pouch at the back of the baby. The newborn's mouth is slightly open, to suck its thumb – move the baby gently to pretend it is sucking its thumb.

8. Compatible ROMPA® Products

29327 – Heart

9. Starting Up

- Introduce the newborn with care, as though the baby were real and your own infant.

10. Detailed Description

Soft, adorable and a delight to cuddle. Realistic size and 'feel'. Even their little heads need supporting like a newborn. With beautiful attention to detail and a Velcro®-sealable pouch in the back for the Heart and aromas. Includes baby grow and hat, but will fit into standard newborn sized baby clothes. Hand-washable.

11. Safety

- Always supervise the use of this product.

12. Technical Specification

Weight: 0.8kg.

Size: 46L x 42cmW (finger tip to finger tip)

13. Installation

Not applicable

14. Care and Maintenance

- Hand-wash at 30°C. Allow to air-dry naturally. Avoid harsh, abrasive cleaning products and products that contain bleach. Remove the clothes before washing.
- Handle with care

15. Troubleshooting

Not applicable

Further copies of these instructions can be downloaded at www.rompa.com

We hope you find our instructions invaluable. If you have any suggestions for improving them further your comments will be greatly received – please contact us at

producthelp@rompa.com