



1. Product Name

16 Arm Octaband™

2. Product Code

21368

3. Colour

As shown

4. Brief Description

Participants pull on the resistance band 'arms' and receive proprioceptive feedback.

5. Contents

- 1 x Octaband

6. Snoezelen® Stimulations

- Proprioception

7. Best Use

Use indoors in an open space with between 4 to 16 people

8. Compatible ROMPA® Products

CD629 – World Beat CD

50993 – CD Player

14438 – Bean Bags

9. Starting Up

- Unpack and store/dispose of packaging responsibly.
- Choose an activity appropriate to the needs and preferences of your group.

10. Detailed Description

Participants pull on the resistance band ‘arms’ and receive proprioceptive feedback. Offers the opportunity for interaction, co-operative play and social skills activities. Suitable for most ages and abilities. Machine washable.

The stretchy material, bright colours, and innovative design stimulate self-expression, spontaneity, and awareness of others.

The centre circle provides a strong visual focus, and the (5.5") hem at the end of each leg allows those with limited grasping ability to participate.

Who is using the Octaband®?

- dance movement therapists
- music therapists and teachers
- recreation therapists
- activity directors
- occupational therapists
- special education teachers
- physical education teachers
- physical therapists
- speech therapists
- team builders

The Octaband® has proven especially effective for use with children with physical disabilities, autism, Aspergers, ADHD, older adults, people with Alzheimer's disease or other dementias, and people with developmental disabilities.

Benefits of using the Octaband®

- Promotes creativity
- Invites inclusion, and reinforces group cohesion as well as cooperation
- Heightens alertness and focuses attention
- Stimulates the imagination
- Encourages turn-taking
- Instruction-following

Suggestions for use

- Move to music (recorded music from a CD or whilst singing e.g. Row, Row, Row Your Boat); stop moving when the music stops
- 'Simon Says' activities
- 'Parachute' type games with bean bags
- Drama - imagine the band is a spider, octopus or sun
- Listening games – move the band up / down / mid-height
- Tie the band in a loose knot and work together to untangle it, moving one/two steps at once



11. Safety

- Always supervise the use of this product
- Keep the plastic bag packaging in a safe place, out of reach of children and vulnerable people, or dispose of it responsibly. Plastic bags pose a potential safety hazard and should be handled with care.
- Do not over-stretch the arms of this product. Whilst the arms can be pulled, they should not be over-stretched. Never pull on the arms using your full body weight.
- Do not wrap the arms around the body, and especially do not wrap the arms around the neck and head.
- It is your responsibility to use this product safely and responsibly.

This product is not a toy. This product is intended for use under the supervision of trained professionals.

12. Technical Specification

Fabric: 80% nylon, 20% spandex
Latex-free

For 4 – 16 people
Extends to 300cmL

13. Installation

Not applicable

14. Care and Maintenance

1. Use and store this product indoors, in a dry and safe place.
2. Machine wash on a cold water cycle. Allow to air dry before re-use.

15. Troubleshooting

Not applicable

Further copies of these instructions can be downloaded at www.rompa.com

We hope you find our instructions invaluable. If you have any suggestions for improving them further your comments will be greatly received – please contact us at producthelp@rompa.com